



**SUMMER
SPORTS & LEISURE
PROGRAMME
2017**



Proud sponsors of the Summer
Sports & Leisure Programme



Contents

1. Working in partnership to invest in our future. (p2)
2. GSLA Summer Sports & Leisure Programme. (p2-3)
3. What parents / guardian need to know. (p4)
4. Activities organised in partnership with Sports Associations. (p5-16)
5. Leisure and educational activities. (p17-21)
6. Activities for younger children. (p22-23)
7. Arts and Crafts. (p24-26)
8. Drama, music and dance. (p27)
9. Gibraltar Leisure Associations. (p28)
10. Parental Consent Form. (p30)

Summer Sports & Leisure Programme 2017

1. Working in Partnership to Invest in our Future

Sponsorship & Support

The Gibraltar Sports & Leisure Authority (GSLA)

organise the Summer Sports & Leisure Programme (the programme) for the children and young people of Gibraltar. The **GSLA** fund, manage and co-ordinate the programme through their Sports Development and Training Unit and Facilities Teams.

NatWest International are the main sponsor of the programme and have been involved in supporting its development since its introduction to Gibraltar 18 years ago.

2. The Overall Summer Sports & Leisure Programme

Teen Sports and Leisure Activities – (Mon 1st July to Fri 18th August) A programme of sports, fitness and leadership including paddle sports, climbing, “Zumba”, Slam Dunk, skills and drills. Super stars, competitions, outdoor adventure, darts, beach volleyball, football, rounders and frisbee competitions held weekday mornings 10am to 12.30pm and Wednesday evenings 8pm-10pm at The Bayside Sports Complex. (Thursdays at Eastern Beach).

Sports Train. A programme of sport and leisure activities including fitness, fun and skills development for children and young people between the ages of 7 and 12 years, held weekday mornings between 10am and 12.30pm. No need to book just turn up.

Children’s Corner. A programme of fun, age appropriate sporting activities for children aged 5 and 6 years. Mondays, Wednesdays and Fridays 10am - 12.30pm.

Summer Sports Hotline 20076522 or check the website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net

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Stay and Play Programme - (Thurs 13th July to Wed 23rd August) A programme including sports activities, arts, music and continued learning for children with special needs, held weekdays 9.30am to 1pm at the Boat House Activity Centre. Referrals taken in liaison with St. Martins Special School.

Family Recreation Evenings for all the Family – Wednesday evenings 8pm to 10.00pm from 12th July to 16th August at The Bayside Sports Complex. A programme of sporting activities for all the family, youngsters, mums dads and grandparents. Badminton, table tennis, carpet bowls, darts, climbing, pilates, paddle tennis and paddle sports. No need to book just turn up.

GSLA Introduction to Sports Leadership (Level 1) for 13 to 15 year olds.

Mon to Fri 17th to 21st July 9.30am to 2.00pm, culminating in a Festival of Sport for 7 & 8 year olds on Tues 25th July. A great course for building confidence and developing leadership and organisational skills. Limited places, book through the **Summer Sports Hotline Tel 20076522** or email gibsportsdev@gibtelecom.net.

*Please note all children will need to bring a signed parental consent form on their first visit to the Summer Sports & Leisure Programme.
For further information contact Summer Sports Hotline Tel 20076522
gibsportsdev@gibtelecom.net or www.gsla.gi*

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e-mail gibsportsdev@gibtelecom.net

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3. What Parents Need To Know

Sports Train, Teen Sports and Leisure Activities, Children's Corner, Family Recreation Evenings are all organised directly by the GSLA and are completely free of charge, there is no need to book as youngsters can just turn up. All equipment unless stated will be provided. (GSLA Sports Leadership Award Level 1, youngsters must book their place).

What to wear and what you need? Children and young people need to wear loose comfortable clothing, trainers and protection against the sun (e.g. sun cream and a cap). Beach wear and a towel for beach activities. Children should be encouraged to eat breakfast before attending and bring along water/drink.

Parental Consent. All children and young people taking part on the programme must bring along a signed copy of the parental consent form to their first session (see back page and GSLA website www.gsla.gi).

Contact details whilst your child is on the programme. Telephone number provided on the consent form must be manned for the duration of the child's participation on all elements of the programme.

Photographs/Press coverage. Please note that children participating in the programme may be photographed by approved local media and their images may be published in the local press and in future promotion of the Summer Sports and Leisure programme.

Summer Sports Hotline 20076522 or check the website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net

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4. Activities organised in partnership with Sports Associations

Some sports associations and leisure providers will charge for participation in their coaching clinics and summer camps. Sports Associations will reinvest the fees collected towards the development of their junior sport.

You may need to book onto many of the activities organised by Sports Associations, so please take note of contacts details.

Angling

The Gibraltar Angling Association is organising two exciting dates for junior anglers at the Mid Harbour Pier, Coaling Island. Sat 22nd July, 8.30am to 12.30pm will see a training day offering advice and coaching on casting, tactics, tides, different baits and much more. Sat 12th August, 8.30am to 1pm is the date for the now annual Junior Angling Tournament. Dates and full details of both opportunities can be confirmed by contacting Michael Hernandez on email mjhernandez11@yahoo.com or Tel **54013374** or Mario Ramos on **5628600**.



Badminton

Coaching, skills, drills and fun competitions led by Gibraltar Badminton Association Coaches and Development Officer Ram Purswani.

- Coaching course 1 - Mon 24th to Fri 28th July
- Coaching course 2 - Mon 7th to Fri 11th August

Venue: Victoria Sports Hall 9.30am to 11.00am beginners and 11.30am to 1pm intermediates and invited players. Please wear sports kit and bring water/drink.

Contact Ram on rampurswani@hotmail.com or Tel **54031760** or see the GBA Facebook page Gibraltar Badminton Association - Play badminton for info and to book.



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G.A.B.B.A. Basketball

Girls and young women's basketball: 12 to 18 year olds are invited to join in GABBA coaching sessions on Wednesday mornings between 11am and 12.30pm throughout August at the Bayside Sports Complex MUGA. Training with Marcelo Zubiran GABBA Women's Development Officer. Contact email marcelozubiran@gmail.com for further information.

Boys and young men's basketball: 12 to 18 year olds are invited to join in coaching with GABBA Technical Director Adam Cassaglia on Wednesday evenings 8 to 10pm throughout August at the Bayside Sports Complex MUGA. Contact Adam Cassaglia on Cassaglia@hotmail.com for further information.



Canoeing

Canoeing will be on offer on Wednesday evenings in August as part of the family fun recreation evenings 8:00pm to 9.30pm at the Bayside Sports Complex Boathouse. There may also be some canoeing sessions available to children who take part on the Sports Train.


Keep your eyes on the GSLA Facebook site for further details.



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Climbing

The Gibraltar Climbing Association will be organising introduction to climbing sessions for young people 8 to 13 years of age. Each session will comprise of 2 x 2 hours sessions held on Tues & Thurs 10am to 12noon at The Bayside Sports Complex Climbing Wall. Children must wear trainers or outdoor shoes, a hat and sunblock and bring along a bottle of water/drink.

Dates: Week 1 Tues 25th & Thurs 27th July. Week 2 Tues 1st & Thurs 3rd August.

Contact Steve Payne email steve.climbs@hotmail.com or Tel **54015063** for further info and to book.



Cricket

Gibraltar Cricket is currently in the process of finalising the Gibraltar Youth Summer Leagues for boys and girls aged 10 to 14 years old.

Gibraltar Cricket will also be organising training sessions in the lead up to these league matches that will run during the summer break commencing 10th July.

We urge you to register your interest as soon as possible so we can make the necessary arrangements.

Contact info@gibcricket.com Mark Bacarese General Manager on **56000460** or Facebook Gibraltar Youth Cricket for further info and to book.



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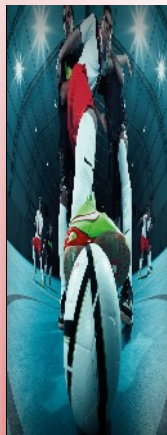
(GFA Futsal) Barcelona Football Club Camp

Fantastic coaching clinics led by Top FC Barcelona coaches working in partnership with the Gibraltar Football Association.

Courses available Mon 10th to Fri 14th July at The Bayside Sports Complex, Tercentenary Sports Hall.

Contact e-mail secretaryfutsal@gibraltarfa.com for further info and to book.

(Registration evenings will be organised in the run up to the camps).



Football - GFA Coaching Clinics and Development Camps for boys and girls

•Coaching Clinic 1 for boys and girls - Mon 17th to Fri 21st July.

•Coaching Clinic 2 for boys and girls - Mon 24th to Friday 28th July.

Bayside Sports Complex main pitch and pitch no 2, 9.30am to 12noon

skills and drills, small sided games, competition and much more with GFA coaches. Prizes and mementos for young players.

Age groups: 6 to 12 years / Max 25 per age group.

Contact e-mail gifljuniorsec@hotmail.com

Tel Leslie Asquez, GFA Grass Roots Development Officer on **54205000** or GFA **20042941** for further info and to book.

(Registration 27th-29th June & 4th-6th July Bayside Sports Complex Boathouse)



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e-mail gibsportsdev@gibtelecom.net

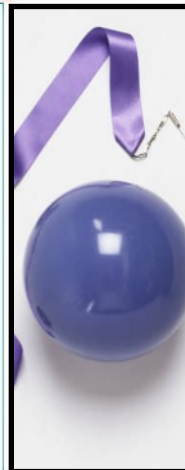
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Gymnastics (Rhythmic & Artistic)

This year's summer camp will include Rhythmic and Artistic gymnastics for girls and boys of all levels over the age of 4 years.

Sessions will be scheduled Mon 17th to Friday 21st July, 10.30am to 12.30pm at the Victoria Sports Hall. Coaching in artistic, ball, hoop and ribbons will be available culminating in a display for parents. Min age 5 years.

Contact Gibraltar Rhythmic Gymnastics Association on info.grga@yahoo.co.uk Facebook [Gibraltar Rhythmic Gymnastics Association](#) or Tel **56000772** for further info and to book.



Hockey Skills and Drills

Skills, drills, circuits, competitions and competency awards based on the development of individual hockey techniques will be organised as part of this year's Sports Train Programme. Sessions will be organised by GSLA Sports and Leisure Officers and GHA Coaches. Contact [Summer Sports Hotline](#) for further info.



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Ice Skating

Rock Ice Skating Academy

Learn to skate with highly qualified and experienced NISA Ice Skating coaches, Jenni and Mike Smith.

Week 1 - Mon 10th to Wed 12th July - Skill improvement groups, from Level 3 upwards, learn and practise new techniques, moves and jumps, coaching to take place between 11.30am and 1.30pm.

Week 2 - Mon 17th to Wed 19th July - Basic skills for beginners through to level 8 over the age of 4 years, coaching to take place between 10am and 11am.

Sessions contain lots of fun, music and movement, great way of developing fitness. Small groups for maximum attention, reserve early. Contact Jenni on e-mail jennichampagne@hotmail.co.uk or Tel 0034 600 270131 for further info and to book.

Gibraltar Rock Stars Figures Skating Club - Summer Camp

Offering two fun packed week long summer camps aimed at learning, improving and excelling in Ice Skating techniques.

Week 1 - Mon 10th to Fri 14th July, between 9.15am and 11.15am.

Week 2 - Mon 17th to Fri 21st July, between 11.15am and 1pm.

Skating summer schools are aimed at all levels. Kelsey Nolan International Skater and Coach will be working alongside highly qualified NISA Level 4 Club Coach Sue Walsh in Week 1 to deliver coaching clinics and workshops for beginners and skaters of all levels. Field moves, jumps, spins, routines, footwork and off ice preparation work will be included in the summer schools.

(Please note that length of sessions depends on the level of skater)

Contact skatingsummercamp2017@gmail.com or Jacqui on Tel 56820000 for further info on exact session times and to book.



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e-mail gibsportsdev@gibtelecom.net

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Ju-Jitsu

Learn the Art of the Japanese Samurai, the Art of Ju-Jitsu and Self-defence at the Ju-Jitsu Academy International with Sensei Anthony Joaquin.

Summer clinics will take place on Mon 31st July, Wed 2nd & Fri 4th of August, 10am to 12 noon at the Bayside Sport Complex.

Contact Sensei Joaquin on e-mail

anthonybushido58@live.co.uk or Tel **54011007 (Academy Tel no 200 47259)** for further info. No need to book just turn up.



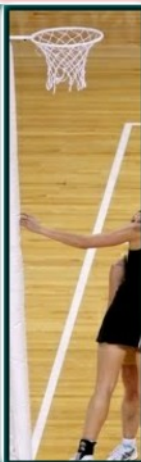
Netball

Netball Summer Camps for 7 to 12 year olds at the Bayside Sports Complex.

Mon 10th to Fri 14th July, 10am to 12noon.

Introduction to “High Fives” Netball, Fundamentals of movement, ball skills, mini competitions and much more with Gibraltar Netball Association netball coaches and junior volunteers.

Contact Nadine on nadinezammit@yahoo.com for further info and to book.



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e-mail gibsportsdev@gibtelecom.net

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Rifle Target Shooting - GTSA Shooting Complex Europa Point

An introduction to the sport of Rifle Shooting with Gibraltar Target Shooting Association, NSRA qualified coaches (A Buhagiar, A Taylor & C Tomlinson). Both girls and boys 14 years and over can apply for places. Coaching clinics will run Mon, Wed & Fri, 10am to 1pm over a two week period (six sessions). Maximum of six per coaching clinic. Those taking part will be given a safety briefing and will have the opportunity to learn to shoot Air Rifle and Small Bore rifle disciplines. All those taking part would need a letter from parents/guardians to the GTSA granting permission for their children to handle and use Air Rifles .177 pellets and Small Bore Rifles .22Lr at the GTSA Shooting Complex. *(Young people taking part may be invited to join the GTSA development Programme that commences in October 2017.)* For further information on requirements and to register please contact Albert Buhagiar on email gtsa.secretary@gmail.com or Tel 58609000.



Gibraltar and Gloucester Rugby Union Summer Camp

Gibraltar Rugby Football Union in partnership with English Premiership Rugby Side Gloucester Rugby are offering all young people from 9-16 years the opportunity to learn new skills in this fast and exciting game.

Mon 7th to Wed 9th August from 9.45am to 3pm at the Bayside Sports Complex Main Pitch and Sports hall. There will be experienced Gloucester's Community Development Officers and players present. Skills, drills, tactics, technique and contact. Age appropriate fitness, fun and conditioning ideas for all age groups, boys and girls aged 9 and over.

Contact Kim Oliver, Gibraltar's Rugby Development Officer on email kim.oliver@gibraltarrfu.com or Tel 54040274 for further info and to book.



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e-mail gibsportsdev@gibtelecom.net

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Calpe Rowing Club - Summer Development Camps

Introduction to rowing and sculling with British Rowing qualified coaches. Learn all about this fabulous sport, safety, fitness and the scope for competition and representing Gibraltar in international competitions.

Development camps to run Mon, Wed & Fri mornings starting at 9.30am from 31st July and throughout August.

Contact Leslie Grech lesgrech@gibtelecom.net Francis Morro on email morrof@gibtelecom.net Tel 56000222 or the Club Secretary Michelle on 20050590 for further information.

(Those taking part require drinks, sun screen, towel, shorts and T-shirt, plus spare clothing and sports footwear).



Sailing Summer School

Learn to sail with qualified sailing instructors at the Royal Gibraltar Yacht Club.

Courses for beginners and for those with limited sailing experience.

- Mon to Fri 17th to 21st July.
- Mon to Fri 31st July to 4th August.
- Mon to Fri 14th to 18th August.

All courses will be held at the Royal Gibraltar Yacht Club, temporary sailing facility, tuition from 9am until 1pm.

Participants to be between the ages of 8 and 15 years and must be confident in the sea. All will require bathing costume, towel, T-shirt and cap, shoes with covered toes, sunblock, cold drink, light refreshments and a change of clothing.

(Courses are also run for children and adults with more experience and follow the RYA Sailing Awards Scheme at other times).

Contact Mr Sydney Pilcher at the RGYC on 20048847 or e-mail sailingschoolatrgyc@gmail.com to book and for further info.



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e-mail gibsportsdev@gibtelecom.net

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Swimming

Under 8's Non-swimmers Teaching Clinic - GSLA accessible swimming pool. One week courses Mon to Fri 9.00am to 9.45am, running from 10th July throughout the summer holidays (Minimum age 4 years).

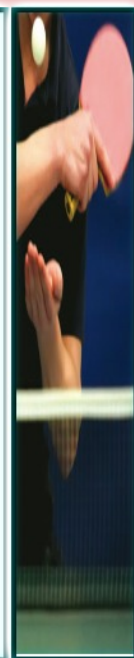
Contact GASA on gibswimming@hotmail.co.uk for further info. To book please come down to the GSLA 25m pool between 5pm and 7pm.



Table Tennis

Table tennis skills and drills coaching sessions will be available for 8 years and over and will run Mon 14th to Thurs 17th August, 10am to 12noon. Table tennis will also be on offer as part of the Family Fun Evenings running on Wednesday evenings 8pm to 10pm throughout the summer. *Table Tennis is one of the sports that will be taking place in Gibraltar as part of the 2019 Island Games. The GTTA are keen to attract new players experienced and beginners. An ITTF Accredited Coaching qualification will also be taking place in Gibraltar in September 2017 for all interested in becoming a coach and or leader in the sport of Table Tennis.*

Contact summer sports hotline to book onto the Table Tennis coaching week. For further information on the ITTF Accredited Coaching course please contact the GTTA on email gtta@gibtelecom.net or their Facebook page www.facebook.com/TableTennisGib/



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e-mail gibsportsdev@gibtelecom.net

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Taekwondo

If you would like to try out this fantastic Martial Art, which consists of patterns, sparring and self-defence, please come along to our premises at North Jumpers Bastion, Rosia Road on Saturday 12th August 10am to 11:30am. Anyone 6 years old and over is welcome. Sports kit to be worn.

Contact e-mail tkdgarcia@hotmail.co.uk or send us a message via Facebook Gibraltar Taekwondo to book your place. Visit our website www.gibraltartaekwondo.org.



Tennis

Gibraltar Tennis Association (GTA) Coaching Clinics at Queensway Tennis Courts for all levels, 4 years of age and over throughout the summer holidays with qualified GTA coaches. Coaching starts Monday 10th July and is available weekdays throughout the summer holidays.

Contact J. Taylor on email taylorj25@hotmail.co.uk or Tel **54024974/ 20065822** after 8pm for further info and to book your child's place.



Water Polo

Water polo will be organised by the Gibraltar Amateur Swimming Association (GASA) and will take place at the GSLA 25m Pool, Mon 24th to Fri 28th July 10am to 12noon. Skills and drills, coaching and mini competitions will be on offer for girls and boys between the ages of 9 and 13. Swimmers must be able to swim 25 metres and be comfortable in deep water.

Contact GASA on gibswimming@hotmail.co.uk for further info. To book please come down to the GSLA 25m pool between 5pm and 7pm.



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e-mail gibsportsdev@gibtelecom.net

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Beach Volleyball

Coaching and training for 10 year olds and over leading up to the now annual GVA Beach Volleyball Tournament (Date to be confirmed) will be organised as part of this year's Sports Train Activities, supported by GVA coaches, on Thursdays 10am to 12.00 noon throughout July. Coaching will take place at Eastern Beach, opposite Latino's on the Beach. Please ensure that all taking part bring drinks, sunblock, a hat, towel and bathing suit. Beach activities for 11 years and over will continue on Thursday mornings throughout the summer. Contact the Summer Sports Hotline for further information on beach activities.

Contact Emma on emma_labrador@hotmail.com or Louise on Louise.Alsina-Roberts@888holdings.com for further info and to enter your team in the GVA Beach Volleyball competition tournament.



Please note all children will need to bring a signed parental consent form on their first visit to the Summer Sports & Leisure Programme. For further information contact Summer Sports Hotline Tel 20076522 gibsportsdev@gibtelecom.net or www.gsla.gi



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5. Leisure and Educational Activities

King's Bastion Leisure Centre

Ten pin bowling, ice skating, cinemas, fitness gym, amusement arcade, games room, restaurant and events venue.

Contact details: info@kingsbastion.gov.gi / website www.kingsbastion.gov.gi / Tel 20044777



Garden Fun at the Alameda Gardens

The Alameda Gardens will be running 2 weeks of gardening and growing fun over the summer period for children aged 7 to 10 years of age.

- Mon 10th to Fri 14th July – 9.30am to 12.30pm.
- Mon 17th to Fri 21st July – 9.30am to 12.30pm.

Exploring and learning about the world we live in through fun with bug hunting, tree climbing, raft building, arts, crafts, gardening and visits to the Wildlife Park. Limited to 12 places per course, on a first come first served basis. Children to bring plenty of drinks and a snack, wear old clothes as getting dirty is definitely on the agenda. *(A third course may be organised subject to demand).*

Contact NLC@gibraltargardens.gi for further info and to book. Learn more from the Alameda Gardens Facebook page <https://www.facebook.com/TheAlamedaGarden/>



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Chess Coaching by the Gibraltar Chess Association

Beginners to advanced players during the months of July and August.

(We will also be running our Certificate of Excellence scheme for Bronze, Silver & Gold with a Gibraltar Certificate for advanced players)

Contact Sharon Whatley on email: sjw2911@hotmail.co.uk or Tel **54029720** for further info and to book.



Chess for beginners and intermediates

An introduction to chess and chess coaching will be available for beginners and more experienced young players over the summer period with Gibraltar's Community Chess professional, Stuart Conquest.

- Chess coaching clinic 1 - Mon 10th to Fri 14th July.
- Chess Coaching Clinic 2 - Mon 7th to Fri 11th August

Venue - King's Bastion Leisure Centre - 10am to 11.15am beginners (basic knowledge of rules assumed) and those with limited experience, 7 years and over. 11.15am to 12.30pm Intermediates and advanced players. .

Contact Stuart Conquest, Community Chess professional on e-mail sconquest@hotmail.com or Tel **54029978** for further info and to book.



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e-mail gibsportsdev@gibtelecom.net

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Walks through History

The Gibraltar Museum will once again be offering the very popular 'Walks through History', every Wednesday morning 10:00am – 12:00 noon from 12th July to 30th August. As in other years, these walks are designed for children between 9 and 12 years of age.

The Walks are designed to take children back in time by making history come alive as we tour different parts of Gibraltar and talk about its past. Some of the events will be structured as hands-on workshops where children will learn how past cultures produced ceramics, hunted for food and expressed themselves in art. They will even get the chance to become archaeologists for a day as they learn how to excavate a site from a real archaeologist! Parents, or guardians, are welcome to accompany the children but we have to limit numbers to a maximum of 15 children per group. Bookings will be on a 'first come, first served' basis, but please be aware that given the popularity of these events in past years, it is essential to pre-book via the Gibraltar Museum; unfortunately, we will NOT be able to take on children who turn up on the day without having booked beforehand.

Children must bring hats, comfortable clothing, sensible footwear and a drink. We also recommend that they wear sunscreen.

Full details on each walk will be available from the Gibraltar Museum. Tel: **20074289** Email:

education@gibmuseum.gi

Further info will also be announced on our social media pages closer to the dates. Web: www.gibmuseum.gi

Facebook: [TheGibraltarMuseum](https://www.facebook.com/TheGibraltarMuseum)



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Healthy eating, what does this actually mean?

HMGoG Public Health Department, Health Promotion Unit will be supporting the Sports Train Programme with workshops on healthy eating for children and young people. They will be organising fun games to share some really important information on what it actually means to eat healthily. Tues and Wed for the first three weeks in August 11.30am to 12.30pm.

Contact Daya or Emily on email health.promotion@gha.gi or the Summer Sports Hotline for further information.



Dog Training - Junior handling Courses

The ever-popular dog-handling course is now a permanent feature of the Summer Sports & Leisure programme. The course will cover topics such as why train your dog, training methods, showing your dog, sportsmanship, etiquette and preparing for competition. *(Participants must take along their own dog and kit including water, towel, dog brush, toys, treats, safety collar, poo bags & lead).*

Workshops run on Wed and Thurs 12th & 13th July, Tues and Wed 18th & 19th and 25th and 26th July - 11am to 12noon at the Bayside Sports Complex Pitch No2 Entrance.

Contact Elizabeth Gonzalez – International Judge/Trainer Gibraltar Kennel Club on gonbeor@gibtelecom.net/gonbeor@hotmail.com or Tel 20044479, mobile 58009789 for further info and to book.



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Summer Sports & Leisure Programme 2017

3rd Europa Club Scouts

Learn all about the challenges and activities organised by Cub Scouts to help develop our young people's values and ethics. A fun based programme offering challenges with a purpose.

- Tuesday 18th July – Knots and survival bracelets at Governors Look Out, Upper Rock, 10am to 12noon.
- Wednesday 19th July – Tracking and fire-lighting at Governors Look Out, Upper Rock, 10am to 12noon.
- Thursday 20th July – Canoeing and water activities at Eastern Beach 10am to 12noon
- Friday 21st July – BBQ, Games and camp fire at Governors Look Out, Upper Rock, 8pm to 10.30pm.

Contact Kyra Cabrera email

cubs_3rdeuropa@yahoo.co.uk or Tel **54009371** for further info and to book your child's place.



Table Soccer (Subbuteo)

Introduction to the game every Tuesday 7pm to 8pm throughout the summer at club premises Red Sands House, Alameda Estate (next to Lincoln Football Club). Also available Wed evenings as part of the Family Recreation Evenings.

Contact John Field on ifield7@yahoo.com or Tel **58157000** for further info and to book.



Summer Sports Hotline 20076522 or check the website www.gsla.gi
e-mail gibsportsdev@

Summer Sports & Leisure Programme 2017

6 Activities for Younger Children

Children's Corner (GSLA)

Activities organised by GSLA for 5 to 6 year olds, will be held Mon, Wed and Fri 10am to 12.30pm, (10th July to 18th August) at the Bayside Sports Complex. Fun games, age appropriate sporting activities and imaginative play. No need to book. Contact gibsportsdev@gibtelecom.net or the Summer Sports Hotline **20076522** for further info.



Pre-School Gymnastics (Tumbling Tots)

Introduction to gymnastic movements for 2 to 4 year olds. Fabulous courses with soft play, balance, co-ordination and lots of fun for children and their parents. Course organised throughout the summer break.


Contact Gibraltar Rhythmic Gymnastics Association on info.grga@yahoo.co.uk Facebook [Gibraltar Rhythmic Gymnastics Association](#) or Tel **56000772** for further info and to book.



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St. John Ambulance Young First Aider Courses

First Aid, CPR, Incident & casualty management, top to toe surveys and much more. Courses to be held at St John House 47 North Mole Road near the GPO Parcel Store. Mon to Fri from 10.00am to 12.30pm.

- Course 1 – Mon 24th to Fri 28th July - 7 to 10 years.
- Course 2 – Mon 7th to Fri 11th August – 11 to 15 years.

Your child will need to bring a pen and notebook and a drink. Contact St John Ambulance on Tel [20077390](tel:20077390) or e-mail commissioner@stjohn.gi or deputy@stjohn.gi for further info and to book your child's place.



Yoga for Children

Yoga and fun summer camp where children will learn about creating calm, focus, identifying feelings, developing confidence, learn about their health through interactive activities. Workshops will include postures, breathing techniques and mindfulness, treasure hunts and face painting all part of the fun. Sessions will be held on Eastern Beach (in front of Latinos on the beach) Mon 10th to Thurs 13th July for 4 to 7 year olds and 8 to 12 year olds. Led by qualified and police vetted Yoga instructor Shianne assisted by Cynthia. (Shade will be provided)

Contact Shianne's Yoga on face book, email shiannesyoga@gmail.com or Tel [57735000](tel:57735000) for info and to book.



Summer Sports Hotline [20076522](tel:20076522) or check the website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net

Summer Sports & Leisure Programme 2017

7 Arts and Crafts

The Gibraltar Heritage Trust –

Learning about the local history of Gibraltar through arts and crafts.

Children will learn about Gibraltar's heritage whilst having fun. Making art and craft projects using our history as an inspiration under the watchful eyes of Elli Farrell and Sarah Devincenzi

Venue: Main Guard in John Mackintosh Square for 7 to 11 year olds, Thursdays 13th, 20th and 27th July, 10.30am to 12noon .

Contact the Gibraltar Heritage Trust on email heritage@gibraltar.gi or Tel **20042844** or Elizabeth Farrell on **20076733** for further info and to Book your child's place. Limited places.



Arts and Craft Centre

Happy Crafting workshops – A world full of fun, colour and creativity.

Teresa will run classes week days at the Arts & Crafts Centre (Above Cafe Solo) for 4 years and over throughout the summer.

Clay modelling, printing, weaving, puppet making, sand boards, mobile picture frames, sewing, knitting, decoupage, ragging and jewellery and much more.

All materials provided. Contact Teresa on email tressmoore@hotmail.co.uk Tel 54006059 or Facebook, Happy Crafting workshops for further info and to book.



Summer Sports & Leisure Programme 2017

Gibraltar Youth Service-Young at Art Workshops

All four of Gibraltar's Youth Clubs will be open at a variety of times and days to suit their young clients throughout the summer. They will be offering a variety of exciting activities and projects. If you would like full details please check out the Gibraltar Youth Service Website www.youth.gi. A taster of what is on offer with this summer with the Gibraltar Youth Service.

Around the World Cooking sessions.

All those taking part can expect to cook dishes from 5 different countries and learn some great cooking skills

- Youth Centre Line Wall Road – Mon 24th to Fri 28th July, 9am to 12noon. Ages 9 to 12 years. Contact Martin on martin.graffione@gibraltar.gov.gi
- Dolphins Youth Club, Rosia Road – Mon 31st July to Fri 4th August, 9am to 12noon. Ages 9 to 12 years. Contact Sarah on email sarah.wadsworth@gibraltar.gov.gi

Rags to Riches learn how to upcycle clothes

Cutting, customising, sewing and painting old clothes to make your own design.

- Youth Centre and Laguna Youth Club, Mon 10th to Tues 18th July, 10am to 12.30pm. Free of charge, ages 10 to 16 years. Contact youthcentre@gibtelecom.net

Create at least one or more outfits to present to family and friends at a showcase evening (optional). Proceeds from the showcase will go toward the Club House Charity. Those taking part will also have the opportunity to take part in a studio photo session and learn stage and presentation skills.

More information on www.youth.gi

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e-mail gibsportsdev@gibtelecom.net

Summer Sports & Leisure Programme 2017

ECO Arts Workshops

Workshops aimed at helping children discover and create new ways of combining their ideas with green art, introducing them into the world of drawing, painting, and sculpture through nature.

Young crafters learn about separating paper from plastic, tin from glass and about recognising recycling symbols printed on packaging. They are encouraged to collect natural materials, pebbles, shells, twigs and leaves which make excellent materials for their artwork. They are taught of the importance of recycling.

Workshops run Mon to Fri throughout the summer 10am to 1pm at the Botanical Gardens Wild Life Park. In addition to this Ania will also be organising Eco Family weekends and a new concept of Eco Spirit into the future.

Contact Ania Maza on e-mail ania.maza@gmail.com or via Facebook Eco Art Gibraltar or Tel **0034 665386838** or **54024321** for further info and to book.



Outdoor Painting with Giorann Henshaw.

This year's outdoor painting educational programme will see budding artists receive coaching and advice on techniques, sketching and building up painting from local artist Giorann Henshaw. Parents are welcome to join in with children, all participants will have the opportunity to paint some of the fabulous views from Westview Park and its shipping lanes (Park behind Morrison's).

Classes run Tuesday mornings 10am to 12noon throughout the summer. 6 to 8 years olds 10am to 11.30am and 9 years and over 10 to 12noon.

Children need to bring painting materials including pencils, pad, watercolours, brushes, a palette and a bottle of water to wash brushes and a drink. Contact Giorann on e-mail giorann.henshaw@gmail.com Tel **20075663/54027902** or website www.giorannhenshawartist.com for further info and to book.



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e-mail gibsportsdev@glbtelecom.net

Summer Sports & Leisure Programme 2017

8 Drama Music and Dance

Danza Academy

IDF & IDO World Champion coach and choreographer Anne Marie Gomez is offering Ballet, Pointe Work for experienced dancers 10 years and over. Modern, Contemporary, and Hip Hop, Improvisation, Body Conditioning and Creative Choreography workshops throughout the summer holidays for all levels of dancer, boys and girls. These sessions serve as a taster for new dancers and to maintain and improve levels for those who already dance.

For further info and to book your place contact Anne-Marie on e-mail danzagib@hotmail.co.uk or Tel 54027111.



Stylos Dance Summer Programme

Morning classes in Ballet, Jazz, Technique, Acro, Tumbling, Aerial Silks and Hoop, and Cheerleading. Fully qualified teaching faculty. Commencing Mon 24 July and ending Fri 25 August.

Contact stylos@gibtelecom.net, Stylos Dance Studios Facebook page or text/call 54014882/54028786 for further info and to book.



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e-mail gibsportsdev@gibtelecom.net

Summer Sports & Leisure Programme 2017

9 Gibraltar Leisure Associations

<p>Physical Activities Association for Mature Older Adults (PAAMO)</p>	<p>www.paamoa.com</p> <ul style="list-style-type: none"> Chairperson: Ms Marie Carmen Vallejo email vallebone@gmail.com Secretary: Mrs Simone Redman, email simoneredman@hotmail.com
<p>Gibraltar Model Flying Association (GMFA)</p>	<ul style="list-style-type: none"> President Mr Francis L Martinez email GMFA55@gmail.com Secretary Mr Richard Martinez email gmfa@gmail.com
<p>Marocatlus Gibraltar 4 x 4 Club</p>	<ul style="list-style-type: none"> President Mr Alfred Balban email alfred4x4@gmail.com Mr Karrim Bruzon email Ev4553ON@hotmail.com
<p>Gibraltar Jet ski Association</p>	<ul style="list-style-type: none"> Secretary Mr Adam Cassaglia email cassaglia@hotmail.com
<p>Gibraltar Aquafit Association</p>	<ul style="list-style-type: none"> President Helene Valarino email valarinoh@hotmail.com Secretary Simone Redman email simoneredman@hotmail.com
<p>Gibraltar Amateur Racing Club</p>	<ul style="list-style-type: none"> Secretary Stephan LLufrio email stephanllufrio@hotmail.com
<p>Gibraltar Tabletop Gaming Society</p>	<ul style="list-style-type: none"> Alister Fa email alister@gibtelecom.net



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e-mail gibsportsdev@gibtelecom.net



Fun in the sun!

Supporting our local sports and leisure activities

Helping our young people learn about and participate in sporting and leisure activities is an investment in all our futures, which is why we are proud to continue our sponsorship of the Summer Sports & Leisure Programme organised by the Gibraltar Sports and Leisure Authority. Have a great summer!

 Call in to any branch
 natwestinternational.com

 **NatWest**

Summer Sports & Leisure Programme 2017

10. Parental Consent Form.

Name of child, age, contact name & Tel No (Must be available during your child's participation in the programme)

	Name of child	Age	Contact name and telephone Number
1			
2			
3			

Does your child have a medical condition that may affect his/her participation in the programme? If so, please give details _____



The Gibraltar Sports & Leisure Authority reserves the right to cancel activities due to lack of numbers or adverse weather conditions.

It is understood that the GSLA will not be liable for any loss or injury incurred whilst participating on the Summer Sports Programme.

If your child causes a disturbance during the programme, GSLA staff will contact parents/guardians and ask for their assistance in addressing the situation.

All Sports Leaders will receive induction training and will be police vetted to ensure the safety of programme sessions.

NB: Your child may be photographed as part of the media coverage of the programme. Signature of this parental consent form acknowledges that photos taken may appear in local press.

Please ensure your child/children bring(s) this form with them the first time he/she visits the programme. All information contained in this Leaflet will be for internal GSLA purposes only and to contact parents/guardians in an emergency.

Signed _____

Date _____

Summer Sports Hotline 20076522 or check the website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net



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Proud sponsors of the Summer
Sports & Leisure Programme