



Summer Sports & Leisure Programme 2018



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Monday 9th July - Friday 17th August



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Summer Sports Hotline 20076522 or check the website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net



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Summer Sports & Leisure Programme 2018

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For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

1. Working in partnership to invest in our future

The Gibraltar Sports & Leisure Authority (GSLA)

Organises the Summer Sports & Leisure Programme ("the Programme") for the children and young people of Gibraltar. The GSLA fund, manage and co-ordinate the Programme through their Sports Development and Training Unit and Facilities Teams. **NatWest International** are the main sponsor of the Programme and have been involved in proudly supporting its development since its introduction to Gibraltar 19 years ago. The Programme run between Monday 9th July and Friday 17th August.

2. Activities organised and co-organised directly by the GSLA

All activities organised by the GSLA are free of charge, all equipment unless stated is also provided. Sessions will start on Monday 9th July and run until Friday 17th August 10am to 12:30pm. Please see GSLA Website www.gsla.gi for further information.

● **Teenager Sports and Leisure Activities.** A programme that includes sports and leisure activities, fitness, GSLA Sports Leadership Level 1 Award, Mini Island Games, Climbing, Treasure Hunts, Beach Activities and much more. Available weekday's 10am to 12.30pm and Tuesday's 8pm-10.30pm at the Bayside Sports Complex and Thursday's 10am to 12noon at Eastern Beach.

● **Sports Train.** A programme of sport and leisure activities including fitness and fun for children and young people aged between 7 and 14. Held weekday mornings 10am to 12.30pm and Tuesday evenings 8pm to 10pm,. No need to book just turn up.

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For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@glbtelecom.net or Tel 20076522

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● **Children's Corner.** A programme of fun, age appropriate sport and leisure activities for children aged 5 and 6 years. Mondays, Wednesdays and Fridays 10am - 12.30pm.

● **Stay and Play Programme.** (Thurs 12th July to Wed 22nd August) A programme of sporting activities, arts, music and continued learning for children with special needs. Held weekdays 9.30am to 1pm at the Boat House Activity Centre. Referrals for attendance only via liaison with St. Martins Special School.

● **Family Fun Evenings for all.** A programme of sporting and fun activities for all the family. Badminton, table tennis, darts, climbing, table top games, paddle tennis and padel boarding. Tuesday evenings 8pm to 10.30pm from 10th July to 14th August at The Bayside Sports Complex. No need to book just turn up.

● **GSLA Sports Leadership (Level 1)** for 13 to 15 year olds.

A great course for building confidence and developing leadership and organisational skills. A seven day course, Thursday 19th to Friday 27th July, culminating in a Festival of Sport for 7 & 8 year olds on 27th July. Applications available through the Summer Sports Hotline or email michelle.turner@gsia.gi places are limited so book early.

● **Learning Games for children and young people of all abilities organised in partnership with Special Olympics, Gibraltar.** Ball skills and Basketball, Floor ball, Bocce and Athletics skills development.

● Mon, Tues & Wed 16th 17th 18th & 23rd 24th 25th July - Floorball and Bocce.

● Mon, Tues & Wed 6th 7th 8th & 13th 14th 15th August - Ball skills, Basketball and IFTA Athletics at the Bayside Sports Complex.

The learning games for children are being led by GSLA Sports & Leisure Officers, supporting the Sports Train Programme. To book your child's place and for further information email Liam.payas@gsia.gi or Tel 20063392.

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3. What Parents Need To Know

What to wear and what you need?

Children and young people need to wear loose comfortable clothing, trainers and protection against the sun (e.g. sun cream and a cap). Beach wear and a towel required for beach activities. Children should be encouraged to eat breakfast before attending and bring along water/drink.

Water.

Our commitment to the environment has led us to not utilising single use plastic water bottles. So it is really important that your child brings along his/her own drinks and clearly named water bottles.

Parental Consent. All children and young people taking part on the programme must bring along a signed copy of the parental consent form to their first session (see back page and GSLA website www.gsla.gi).

Contact details whilst your child is on the programme.

Telephone number provided on the consent form must be manned for the duration of the child's participation on all elements of the Programme.

Photographs/Press coverage. Please note that children participating in the Programme may be photographed by approved local media and their images may be published in the local press and in future promotion of the Summer Sports and Leisure Programme. Please contact the Sports Development Unit on gibsportsdev@gibtelecom.net if you do not want your child's images to be displayed in local media and on GSLA social media sites.

Charges. All GSLA provided activities are free of charge, however some sports associations and leisure providers may charge for participation in their coaching clinics and summer camps. These associations have committed to reinvest the fees into the development of their junior sports programmes.

Booking. You may need to book onto many of the activities organised by the GSLA and Sports Associations, so please take note of contact details.

For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

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GSLA Sports Leadership Level 1 Award.

This course is aimed at 13 to 15 year olds. It introduces those taking part to leadership and organisational skills that are developed through sport and coaching. A fantastic course for developing confidence and experiential learning. The course runs mornings 9.30am to 1.30pm, starting Thurs 19th to Fri 27th July. The Sports Leadership Level 1 course culminates in those taking part organising a Festival of Sport for children on the Sports Train Programme.

Core Modules include:

- Planning, leading and evaluating.
- Communication, verbal and non-verbal.
- Identifying leadership skills.
- Planning and leading activities.
- Fair play in sport.
- The role of the Official.
- Voluntary work to support six sessions.

To book and for further information contact the GSLA Sports Development & Training Unit on email michelle.turner@gsia.gi or Liam.payas@gsia.gi

Exercise and Fitness Opportunities for Teenagers.

Aqua Zumba, Aqua Fit and Aqua Aerobics – Wednesday evenings 18th July to Wed 15th August 8.10 to 9pm.

Box Fitness and Functional Circuit Training will be available throughout the summer contact Summer Sports Hotline 20076522 or email gibsportsdev@gibtelecom.net to book and for further information see GSLA website www.gsla.gi

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Family Fun Evenings.

- A programme of sporting activities for all the family with activities such as badminton, table tennis, darts, climbing, table top games, padel tennis and paddle boarding. No need to book just turn up. Tuesday evenings 8pm to 10.30pm from 10th July to 14th August at The Bayside Sports Complex. See GSLA website www.gsla.gi for further information.

- **Climbing instruction** for teenagers every Tuesday evening 9pm to 10pm at the Bayside Climbing Wall with Gibraltar Climbing Association instructors.

- **Paddle Boarding** Tuesday evenings as part of the family fun evenings, 8 to 10pm, meet at the Bayside Sports Complex.

- **Beach Activities** Thursday morning at Eastern Beach throughout the summer 10am to 12noon. Beach Volleyball, Beach soccer, Rounder's, Frisbee and fun activities.



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4. Activities organised in partnership with Sports Associations

Air Pistol

Coaching available for 11 years and over in the sport of Air Pistol Shooting. Venue, Gibraltar Pistol Shooting Association Clubhouse, Retrenchment Block, Lathbury Barracks. Dates - Mon 23rd to Fri 27th July 9.30 to 12 noon. Depending on demand there may be a second coaching clinic Mon 20th to Fri 24th August.

To book your place and for further info contact Gibraltar Pistol Association on email issfgibpistol@gmail.com or Tel Louis 54095000 or Philip 54025552.



Angling

The Gibraltar Angling Association is organising two exciting dates for junior anglers at the Mid Harbour Pier, Coaling Island. Sat 21st July, 8.30am to 12.30pm will see a training day offering advice and coaching on casting, tactics, tides, different baits and much more. Sat 4th August, 8.30am to 1pm is the date for the now annual Junior Angling Tournament. Dates and full details of both opportunities can be confirmed by contacting Michael Hernandez on Tel 54013374 or Mario Ramos on 56286000.



**Don't forget to bring
your own water bottle**



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

Basketball

The Chus Mateo Academy in conjunction with GABBA will be organising a Summer Basketball Camp for 8-16 year olds from Mon 9th to Fri 13th July. Top quality coaches from Real Madrid together with Chus Mateo, Senior Real Madrid Club Coach will be running the camp. 10 am to 1pm will see players receive quality coaching for 3 hours followed by lunch. Afternoon sessions will include competitions and leisure activities.

To book and for further info visit the link below
<http://www.chusmateoacademy.com>



Badminton

Badminton Fundamentals - Coaching, skills, drills and fun competitions led by Gibraltar Badminton Association Coaches.

• Mon 30th July to Fri 3rd August.

Beginners and those with limited experience of the game who wish to progress and have fun - 9am to 11am
Intermediate and advanced for experienced middle and secondary school players - 11:30am - 1:30pm

• Tues 14th to Thurs 16th August.

Beginners and those with limited experience of the game who wish to progress and have fun - 9am to 11am
Intermediate and advanced for experienced middle and secondary school players - 11:30am - 1:30pm

Venue: Bayside Sports Complex.

Please wear sports kit and bring water/drink.

To book and for further info contact Mark Archer on email
marcher@gibtelecom.net or Tel 54027504



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

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Canoeing

Canoeing and paddle boarding at the Bayside Sports Complex Boathouse will be on offer on Tuesday evenings as part of the Family Fun Evenings, starting 10th July. From 7.30pm to 8.45pm for 7 to 11 year olds who must be able to swim at least 50 metres and 9pm to 10pm for teenagers. Canoes and paddle boards available on a first come first served basis. Maximum 12 in the water at any one time. Contact Summer sports hotline or www.gsla.gi for further details.



Climbing

The Gibraltar Climbing Association will be organising introduction to climbing sessions for young people 8 to 13 years of age. Each session will comprise of 2 x 2 hours at the Bayside Sports Complex Climbing Wall. Children must wear trainers or outdoor shoes, a hat and sunblock and bring along a bottle of water/drink.

Dates: Week 1 Tues 24th & Thurs 26th July.

Week 2 Tues 31st July & Thurs 2nd August.

To book and for further info contact Steve Payne email steve.climbs@hotmail.com or Tel 54015063.



Cricket

Cricket coaching with Gibraltar Cricket coaches will be taking place as an integral part of the Sports Train Programme. Batting and fielding skills, match play techniques, Kwick cricket and fun competitions will all be included. Contact Summer Sports Hotline for further information.



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(GFA Futsal) Barcelona Football

Fantastic coaching led by Top FC Barcelona coaches working in partnership with the GFA.

Coaching courses available Mon 16th to Fri 20th July.

5 to 7 years 9am to 11am.

8 to 10 years 11.30am to 1.30pm.

11 years and over 3.30pm to 5.30pm.

To book and for further info contact

secretaryfutsal@gibraltarfa.com.



GFA Grassroots Football Summer Camps.

Coaching, skills, drills, small sided games, competition and much more with fully qualified GFA coaches. Prizes and mementos for young players, 6 years and over. Venue Bayside Sport Complex pitches number 1 & 2

Football Camp 1 - 9th-13th July from 9.30-1.30pm.

Football Camp 2 - 16th-20th July from 9.30-1.30pm.

To book and for further info contact

gifljuniorsec@hotmail.com or Leslie Asquez, GFA Grass Roots Development Officer on Tel 54205000 or GFA 20042941.



Registration evenings will be organised for all football and Futsal Clinic, please see GFA Website

www.gibraltarfa.com

For further info check the GFLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

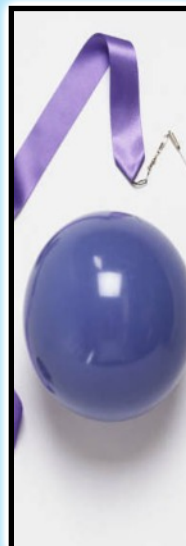
Summer Sports & Leisure Programme 2018

Gymnastics (Rhythmic & Artistic)

This year's summer camp will include Artistic and Rhythmic gymnastics for girls and boys of all levels over the age of 4 years. British Gymnastics UK Artistic Mens Gymnastics coach will be on hand to support GRGA Technical Director and Association coaches.

Sessions will be Mon 23rd, Wed 25th, Fri 27th July and Monday 30th July, Wed 1st August, Friday 3rd August, 10am to 12.30pm at the Victoria Sports Hall. Coaching in artistic, ball, hoop and ribbons will be available culminating in a display for parents.

For further info and book contact Gibraltar Rhythmic Gymnastics Association on info.grga@yahoo.co.uk Facebook Gibraltar Rhythmic Gymnastics Association or Tel 56000772



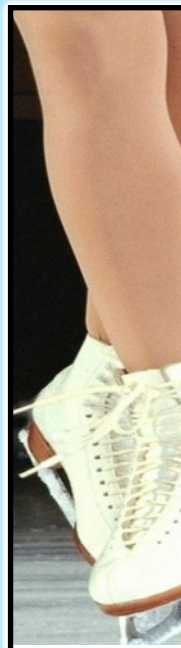
Ice Skating

Gibraltar Rock Stars Figure Skating Club Summer Camp

The Gibraltar Rock Stars Figure Skating Club are offering a fun packed Learn to Skate week during the summer. It will be coached by NISA 4 level Coach Sue Walsh.

• Mon 9th to Fri 13th July, between 9.15am and 11.15am. Beginner's lessons 9:15am to 10:15am, Intermediates 10:30am to 11:30am and 11:40am to 12:45pm Advanced.

Children to wear warm comfortable clothing including gloves. To book and for further info contact Sue on email summerskatingcamp@gmail.com or Tel 58700000 in the evenings.



For further info check the GSLA website www.gsla.gi, e-mail gibsportsdev@gibtelecom.net or Tel 20076522

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Ju-Jitsu

Learn the Art of the Japanese Samurai, the Art of Ju-Jitsu and Self-defence with Ju-Jitsu Academy International Instructor Sensei Anthony Joaquin.

Thurs 9th and Fri 10th August, 10am to 12 noon at the Bayside Sport Complex as an integral part of the Sports Train Programme.

No need to book, contact Summer Sports Hotline or www.gsla.gi for further info.



GNA Netball

Netball Summer Camps for 7 to 12 year olds at the Bayside Sports Complex 10am to 12noon.

- Mon 16th to Wed 18th July 2018.
- Mon 6th to Wed 8th August 2018.

Fundamentals of netball movement and ball skills, mini competitions and much more with the Gibraltar Netball Association (GNA) qualified coaches and volunteers.

To book and for further info contact Nadine on nadinezammit@yahoo.com



**Don't forget to bring
your own water bottle**



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

Gibraltar and Gloucester Rugby Union Summer Camp

G & G Rugby Union Summer Camp for children ages 7-14 & 15-18 years olds - Mon 30th July to Fri 3rd August. An insight into professional rugby and coaching from top coaches. Including coaching, nutrition, strength and conditioning and video analysis with ex professional players and current coaches from the Premiership. Gibraltar Rugby will be utilising the camp to identify talent, some of whom will have the opportunity to visit Gloucester Rugby Academy and look at professional pathways.

To book and for further info contact Dave on email dave.barley@gibraltarrfu.com or Tel 0044 7545828080



Sailing Summer School

Learn to sail with qualified sailing instructors at the Royal Gibraltar Yacht Club.

Courses for beginners and for those with limited sailing experience.

- Mon to Fri 16th to 20th July.
- Mon to Fri 6th July to 10th August.
- Mon to Fri 20th to 24th August.

All courses will be held at the Royal Gibraltar Yacht Club, temporary sailing facility from 9am to 1pm.

Participants to be between the ages of 8 and 15 years and must be confident in the sea. All will require bathing costume, towel, T-shirt and cap, shoes with covered toes, sunblock, cold drink, light refreshments and a change of clothing.

To book contact Mr Sydney Pilcher at the RGYC on e-mail sailingschoolatrgyc@gmail.com or Tel 20048847



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Learn to Swim courses.

Under 8's "Learn to Swim" courses (at the GSLA Accessible Swimming Pool). One week courses Mon to Fri 9.00am to 9.45am, running from 10th July throughout the summer holidays (Minimum age 4 years).

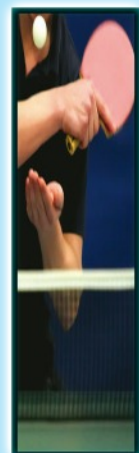
To book contact GASA on email gibswimming@hotmail.co.uk or for further info please visit the GSLA 25m pool weekdays between 5pm and 7pm.



Table Tennis Coaching.

Table Tennis playing and coaching sessions will be available for 8 years and over as part of the Sports Train Programme between Mon 6th and Wed 8th August, 10am to 12.30pm. Table Tennis coaching will also be available every Tuesday evening as part of the Family Fun Evening, 8pm to 10pm throughout the summer holiday period in the Tercentenary Sports Hall.

To book and for further info contact Summer Sports Hotline or visit the Gibraltar Table Tennis Association Facebook site.



**Don't forget to bring
your own water bottle**



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e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

Taekwondo

If you would like to try out this fantastic Martial Art, which consists of patterns, sparring and self-defence, please come along to our premises at North Jumpers Bastion, Rosia Road on Saturday 11th August 10am to 11:30am. All children between 5-12 years old are welcome. Sports kit to be worn.

To book and for further info contact e-mail tkdgarcia@hotmail.co.uk or message via Facebook Gibraltar Taekwondo. Visit our website www.gibraltartaekwondo.org.



Tennis

Gibraltar Tennis Association (GTA) Coaching Clinics at Bayside Sports Complex Tennis Courts for 4- 6 yrs, 7- 11yrs and 12-14yrs between 9.30am and 12noon with qualified GTA coaches. Coaching starts Monday 9th July and is available weekdays throughout the summer holidays.

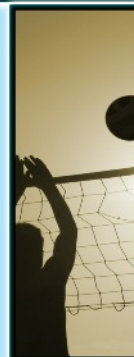
To book and for further info contact James Taylor on email taylorj25@hotmail.co.uk or Tel 54024974 20065822 after 8pm.



Beach Volleyball

Coaching will take place at Eastern Beach, opposite Maui's. Please ensure that all taking part bring drinks, sunblock, a hat, towel and bathing suit. Beach activities for 11 year olds and over will continue on Thursday mornings throughout the summer.

No need to book, contact Summer Sports Hotline for further info.



For further info check the GSLA website www.gsla.gi, e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

5. Leisure and Educational Activities

King's Bastion Leisure Centre.

Ten Pin Bowling, Ice Skating, Cinemas, Fitness Gym, amusement arcade, games room, resaturant and events venue.

Contact details info@kingsbastion.gov.gi or website www.kingsbastion.gov.gi or Tel 20044777



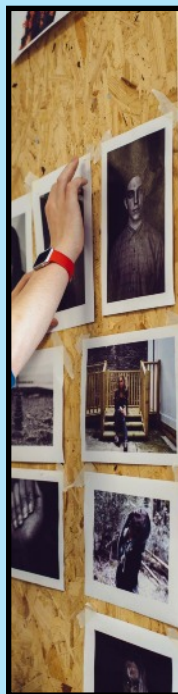
An Introduction to Art through Photography.

New to the Summer Sports & Leisure Programme, an introduction to seeing the world through the lens of a camera. Workshops aimed at 11 to 13 year olds are being organised by the Gibraltar Photographic Society, there will be a maximum of 6 people for each workshop, places awarded on a first come first served basis.

- Workshop 1 - Mon 9th to Thurs 12th July.
- Workshop 2 - Mon 23rd to Thurs 26th July.

Workshops will run from 10am to 12noon at the Photographic Society's premises at Wellington Front, Vault 29. Young people may be required to bring along their own cameras.

To book and for further info please contact Leslie on email leslinares@gmail.com



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

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Chess coaching by the Gibraltar Chess Association

Coaching is offered for beginners to advanced players during the months of July and August. They will again be offering a course leading to the Gibraltar Award of Excellence from Bronze to Platinum stage.

A specialist week long training camp with Stephen Whatley, Gibraltar's No1 Player, will also be on offer. (Places are limited and dates are tbc).

There will also be a National Arbiting course held that will lead to certification (available for both juniors and adults wishing to become official national arbiters).

To book and for further info contact Sharon Whatley on email: siw2911@hotmail.co.uk or Tel 54029720.



Chess coaching with Community Chess Professional

An introduction to chess and chess coaching will be available for beginners and more experienced young players over the summer period with Gibraltar's Community Chess Professional, Stuart Conquest.

- Chess Coaching Clinic 1 - Mon 9th to Fri 13th July.
- Chess Coaching Clinic 2 - Sat 11th to Wed 15th August.

Venue - King's Bastion Leisure Centre - 10am to 11.15am beginners (basic knowledge of rules assumed), and 11.15am to 12.30pm for intermediates and Advanced players.

Contact Stuart Conquest, Community Chess Professional on email sconquest@hotmail.com or Tel 54029978 for further info and to book.



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

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Walks through History.

The Gibraltar Museum will once again be offering the very popular 'Walks through History' during July and August. As in other years, these walks are designed for children between 9 and 12 years of age.

The Walks are designed to take children back in time by making history come alive as they tour different parts of Gibraltar and talk about its past. Some of the events will be structured as hands-on workshops where children will learn how past cultures produced ceramics, hunted for food and expressed themselves in art. They will even get the chance to become archaeologists for a day as they learn how to excavate a site from a real archaeologist!

Parents, or guardians, are welcome to accompany the children but there is limit numbers to a maximum of 15 children per group. Bookings will be on a 'first come, first served' basis, but please be aware that given the popularity of these events in past years, it is essential to pre-book via the Gibraltar Museum.

Children must bring hats, comfortable clothing, sensible footwear and a drink. We also recommend that they wear sunscreen.

Full details on each walk will be available from the Gibraltar Museum. Tel: 200 74289 Email education@gibmuseum.gi
Further info will also be announced on our web and social media pages closer to the dates. Web: www.gibmuseum.gi
Facebook: TheGibraltarMuseum Twitter: @GibraltarMuseum



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Healthy eating, what does this really mean?

This will be delivered by the HMGoG Public Health Department, As part of the recently launched Government initiative, CHAMP's (The Children, Healthy and Active Multi-agency Programme) Dietitians from the GHA will be speaking at the beginning of July to all those attending the Sports Train Programme to reinforce the importance of healthy eating and how best they can achieve this. The information will be delivered interactively via fun activities / question and answer sessions.

No need to book as these information workshops will be built into the Sports Train Programme.



Dog Training - Junior handling Courses.

Ever-popular Dog Training and handling course. This year's course will cover topics such as why train your dog? training methods, showing your dog, sportsmanship, etiquette and preparing for competition. *(Participants must take along their own dog and kit including water, towel, dog brush, toys, treats, safety collar, poo bags & lead).*

Workshops run on Wed and Thurs 11th & 12th, 18th & 19th July and Wed 1st & 2nd August - 11am to 12noon near the Bayside Sports Complex Pitch No2.

For further info and to book contact Elizabeth Gonzalez – International Judge/Trainer Gibraltar Kennel Club on gonbear@gibtelecom.net or gonbear@hotmail.com or Tel 20044479, mobile 58009789.



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

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Table Soccer (Subbuteo).

Introduction to the game every Tuesday 7pm to 8pm throughout the summer at club premises Red Sands House, Alameda Estate (next to Lincoln Football Club). This year will see the World Championships being hosted in Gibraltar.

To book and for further info contact John Field on email jfield7@yahoo.com or Tel 58157000.



Gibraltar Table Top Gamming Society

Will be offering all manner of table top games including card games, dice games, role play games and war games. A social hub for all ages. Tuesday evenings 8pm-10:30pm in the Bayside Sports Complex Foyer.

No need to book. For further info email alister@gibtelecom.net.



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Summer Sports & Leisure Programme 2018

6 Activities for Younger Children

Children's Corner (GSLA).

Fun recreational activities organised by GSLA Sports Leaders for 5 and 6 year olds. Activities will be held Mon, Wed and Fri 10am to 12.30pm, (9th July to 17th August) at the Bayside Sports Complex. Fun games, age appropriate sporting activities and imaginative play.

To book and for further info contact gibsportsdev@gibtelecom.net or the Summer Sports Hotline 20076522. Please remember to send your child with plenty of water to drink with his or her own clearly marked water bottle and with the signed consent form.



Pre-School Gymnastics (Tumbling Tots).

Introduction to gymnastic movements for 2 to 4 year olds. Fabulous courses with soft play, balance, co-ordination and lots of fun for children and their parents. Courses organised Tuesday 24th July , Thursday 26th July and Tuesday 31 July, Thursday 2nd August.

For further info and to book contact Gibraltar Rhythmic Gymnastics Association on info.grga@yahoo.co.uk Facebook Gibraltar Rhythmic Gymnastics Association or Tel 56000772



For further info check the GSLA website www.gsla.gi, e-mail gibsportsdev@gibtelecom.net or Tel 20076522

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Yoga and Mindfulness for Children.

Yoga and mindfulness fun summer camp where children will learn about creating calm, focus, identifying feelings, developing confidence, learn about their health through interactive activities. Workshops will include postures, breathing techniques and mindfulness, treasure hunts and face painting also part of the fun. Sessions will be held on Eastern Beach (in front of Maui's) Mon 9th to Thurs 12th July for 4 to 7 year olds and 8 to 12 year olds. Led by qualified and police vetted Yoga instructor Shianne assisted by Cynthia. (Shade will be provided)

Contact Shianne's Yoga on facebook, email shiannesyoga@gmail.com or Tel 57735000 for info and to book.



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7 Arts and Crafts

ECO Arts Workshops.

Workshops aimed at helping children discover and create new ways of combining their ideas with green art, introducing them into the world of drawing, painting, and sculpture through nature.

Young crafters learn about separating paper from plastic, tin from glass and about recognising recycling symbols printed on packaging. They are encouraged to collect natural materials, pebbles, shells, twigs and leaves which make excellent materials for their artwork. They are taught of the importance of recycling.

Workshops run Mon to Fri throughout the summer 10am to 1pm at the Botanical Gardens Wild Life Park. In addition to this Ania who leads the workshop will also be organising Eco Family weekends and introduce a new concept of Eco Spirit into the future throughout the summer.

To book and for further info contact Ania Maza on e-mail ania.maza@gmail.com or via Facebook Eco Art Gibraltar or Tel 0034 665386838 or 54024321.



Art & Illustration Workshop

Organised by Eleanor Dobbs who has been commissioned by HMGG to design a Mural at Fountains Ramp.

Children's book illustrator Eleanor will be offering young people over the age of 6 years to take part in her Art and Illustration Workshop which will run from Monday 20th to Friday 24th August, 9.30am to 1pm at the John Mackintosh Hall. All artwork will later be exhibited and represented in the mural which is being created to mark the 2019 Island Games which will be held in Gibraltar.

To book a place and for further information contact Eleanor on ellie.dobbs@icloud.com



Summer Sports & Leisure Programme 2018

Happy Crafting Workshops with Teresa.

Summer classes full of fun, colour and creativity. For children 4 to 8 years old.

Monday 9th July until Friday 24th August, 10.30am to 12.30pm.

Something different every day. Painting, drawing, paper mache, weaving, clay modelling, up-cycling and recycling and much more!! All materials provided along with lunch and drinks.

For more information contact Teresa on 54006059 or email tressmoore@hotmail.co.uk

Creative Crafts with Kate.

Wednesday and Thursday morning for children aged 7 and over from 10.30am to 12.30pm.

Mixed media art, drawing, painting, papier mache and much more! Materials and snacks Included.

For more info contact Kate on email kdavies62@gmail.com Tel 54018012

Fashion/Sewing/Textiles with Lisa.

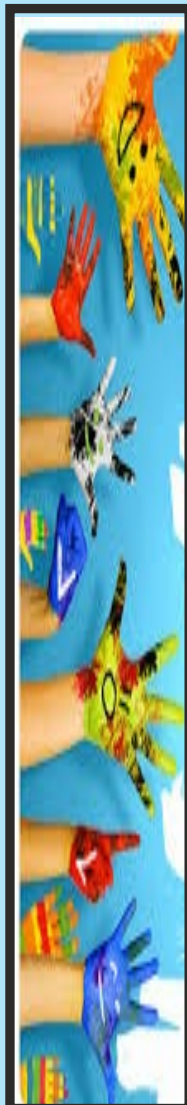
Aged from 10 to 14

Starting Monday 9th July to Friday 27th July.

Block weekly bookings! Different projects every week.

For more info contact Lisa Cronin on email Ziladesigns8@gmail.com

Venue for all activities is at the Arts And Crafts Shop. Casemates Sq. (above Cafe Solo).



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

8 Activities organised by the Gibraltar Youth Service

Gibraltar Youth Service

Gibraltar's Youth Clubs will be open at a variety of times and days to suit their young clients throughout the summer. They will be offering a variety of exciting activities and projects. If you would like full details please check out the Gibraltar Youth Service Website www.youth.gi.

•Taste Buddies cooking sessions

All those taking part can expect to learn some great cooking skills. Laguna Youth Club, Glacis Estate – Mon 16th to Fri 20th July, 9am to 12:30. For children aged 9 to 12. Contact Martin Graffione on 20045202 or email martin.graffione@gibraltar.gov.gi

Dolphins Youth Club, Rosia Road – Mon 6th to Fri 10th August, 9am to 12:30. For children aged 8 to 12 years. Contact Sarah Wadsworth on 20041948 or email sarah.wadsworth@gibraltar.gov.gi

•Rags to Riches Upcycling Fashion Project

Customising, sewing and painting old clothes to make a new design. Photography opportunities and showcase designs at a fashion show event on the final day of the workshop.

Montagu Bastion Youth Centre, Mon 9th to Friday 13th July, 10am to 12.30pm. Free of charge, for children aged 10 to 16.

Don't forget to bring
your own water bottle



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

9 Dance

Danza Academy

IDF & IDO World Champion coach and choreographer Anne Marie Gomez is offering Ballet and Pointe Work for experienced dancers 10 years and over. Modern, Contemporary, Hip Hop, Improvisation, Body Conditioning and Creative Choreography workshops throughout the summer holidays for all levels of dancer, boys and girls. These sessions serve as a taster for new dancers and to maintain and improve levels for those who already dance.

For further info and to book your place contact Anne-Marie on e-mail danzagib@hotmail.co.uk or Tel 54027111.



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For further info check the GSIA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2018

10 Gibraltar Leisure Associations

Physical Activities Association for Mature Older Adults (PAAMOA)	www.paamoa.com • Chairperson: Ms Marie Carmen Vallejo email vallebone@gmail.com
Aeronautical Remote Control Association	• Chairperson Mr Kenneth Pereira email kpereira@gibtelecom.net
Marocatlaz Gibraltar 4 x 4 Club	• President Mr Alfred Balban email alfred4x4@gmail.com
Gibraltar Jet ski Association	• Secretary Mr Adam Cassaglia email cassaglia@hotmail.com
Gibraltar Aquafit Association	• Secretary Mrs Simone Redman email simoneredman@hotmail.com
Gibraltar Amateur Racing Club	• Secretary Mr Stephan LLufrio email stephanllufrio@hotmail.com
Gibraltar Tabletop Gaming Society	• Mr Alister Fa email alister@gibtelecom.net
Gibraltar Table Soccer Association	• General Secretary John Field email jfield7@hotmail.com
Gibraltar Kennel Club	• Vice Chair Elizabeth Gonzalez email

For further info check the GSLA website www.gsla.gi,
 e-mail gibsportsdev@gibtelecom.net or Tel 20076522



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Summer Sports & Leisure Programme 2018

11. Parental Consent Form.

Name of child, age, contact name & Tel No (Must be available during your child's participation in the programme)

	Name of child	Age	Contact name and telephone Number
1			
2			
3			

Does your child have a medical condition that may affect his/her participation in the programme? If so, please give details



The Gibraltar Sports & Leisure Authority reserves the right to cancel activities due to lack of numbers or adverse weather conditions.

It is understood that the GSLA will not be liable for any loss or injury incurred whilst participating on the Summer Sports Programme.

If your child causes a disturbance during the programme, GSLA staff will contact parents/guardians and ask for their assistance in addressing the situation.

All Sports Leaders will receive induction training and will be RGP vetted to ensure the safety of programme sessions.

NB: Your child may be photographed as part of the media coverage of the programme. Signature of this parental consent form acknowledges that photos taken may appear in local press and social media.

Signed

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Date

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Please ensure your child/children bring(s) this form with them the first time he/she visits the programme. All information contained in this Leaflet will be for internal GSLA purposes only and to contact parents/guardians in an emergency.

For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522



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