





Foreword

When in early 1999 the newly formed Sports Development Unit proposed the idea of running a sport's programme for school children during the traditionally sedentary summer months no one could have imagined that it would grow and develop into the successful programme that the GSLA provides today. From its inception the programme has been so well attended that staff have constantly had to re-invent it to keep up with demand and the dynamic industry within which it sits. It has always been very well supported by the local community and such is its standing that a major institution such as Natwest International has recognised its value and has been a partner for the majority of its existence. The programme which now also caters for children with disabilities has been the springboard for friendships, adventures into new sports and careers within the sporting and teaching professions and as such it is the GSLA's obligation to continue to provide Gibraltar's children and young adults with a programme they deserve.

As an original Sports Leader and more importantly now as Chief Executive Officer it gives me great pleasure to present the 20th Anniversary booklet for what promises to be another summer of fun filled activities.

Reagan Lima

Summer Sports & Leisure Programme 2019

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For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

1. Working in partnership to invest in our future

The Gibraltar Sports & Leisure Authority (GSLA)

Organise the Summer Sports & Leisure Programme ("the Programme") for the children and young people of Gibraltar. The GSLA fund, manage and co-ordinate the Programme through their Sports Development and Training Unit and Facilities Teams. **NatWest International** are the main sponsor of the Programme and have been involved in proudly supporting its development since its introduction to Gibraltar 20 years ago. The Programme will run between Monday 15th July and Friday 23rd August. *(Some activities will start Monday 1st July).*

2. Activities organised and co-organised directly by the GSLA

All activities organised by the GSLA are free of charge, all equipment unless stated is also provided. Sessions will start on Monday 15th July and run until Friday 23rd August 10.00am to 12.30pm. Please see GSLA Website www.gsla.gi for further information.

• **Teenager Sports and Leisure Activities.** A programme that includes sports and leisure activities, fitness, GSLA Sports Leadership Level 1 Award, Mini Island Games, Beach Volleyball, Climbing, Treasure Hunts and much more. Available weekday's 10.00am to 12.30pm and Tuesday evenings 8.00pm to 10.00pm at the Bayside Sports Complex.

• **Sports Train.** A programme of sport and leisure activities including fitness and fun for children and young people aged between 7 and 14. Held weekday mornings 10.00am to 12.30pm and Tuesday evenings 8.00pm to 10.00pm, No need to book just turn up.

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For further info check the GSLA website www.gsla.gi
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Summer Sports & Leisure Programme 2019

● **Children's Corner.** A programme of fun, age appropriate sport and leisure activities for children aged 5 and 6 years. Mondays, Wednesdays and Fridays 10.00am - 12.30pm.

● **Stay and Play Programme.** (Mon 8th July to Fri 23rd August) A programme of sporting activities, arts, music and continued learning for children with special needs. Held weekdays 9.30am to 1.00pm at the Boathouse Activity Centre. Referrals from St. Martins Special School only.

● **Family Fun Evenings for all.** A programme of sporting and fun activities for all the family. Badminton, table tennis, darts, climbing, table soccer, paddle tennis and padel boarding. Tuesday evenings 8.00pm to 10.00pm from (16th July to 20th August). No need to book, just turn up.

● **GSLA Sports Leadership (Level 1)** for 13 to 15 year olds. A great course for building confidence and developing leadership and organisational skills. Mon 22nd to Fri 26th July, culminating in a Festival of Sport for 7 & 8 year olds on Tues 30th July. (Practice day Monday 29th July). Applications available through the Summer Sports Hotline or email gibsportsdev@gibtelecom.net places are limited so book early.

All GSLA organised activities above take place at the Bayside Sports Complex.

**Don't forget to bring
your own water bottle**



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

3. What Parents Need To Know

What to wear and what you need?

Children and young people need to wear loose comfortable clothing, trainers and protection against the sun (e.g. sun cream and a cap). Children should be encouraged to eat breakfast before attending and bring along water/drink.

Water.

Our commitment to the environment has led us to not utilising single use plastic water bottles. Access to potable water where participants can refill their bottles will be available. It is really important that your child brings along his/her own drinks in his/her clearly named water bottle.

Parental Consent. All children and young people taking part on the programme must bring along a signed copy of the parental consent form to their first session. Please see back page and GSLA website www.gsla.gi.

Contact details whilst your child is on the programme.

Telephone number provided on the parental consent form must be manned for the duration of the child's participation on all elements of the Programme.

Photographs/Press coverage. Children participating in the Programme may be photographed by approved local media and their images may be published in the local press and in future promotion of the Summer Sports and Leisure activities. Please contact the Sports Development Unit on gibsportsdev@gibtelecom.net if you do not want your child's images to be displayed in local media and on GSLA approved social media sites.

Charges. All GSLA provided activities are free of charge, however some sports associations and leisure providers may charge for participation in their coaching clinics and summer camps. These associations have committed to reinvest the fees into the development of their junior sports programmes.

Booking. You may need to book onto many of the activities organised by the GSLA and Sports Associations, so please take note of contact details.

For further info check the GSLA website www.gsla.gi
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Summer Sports & Leisure Programme 2019

GS LA Sports Leadership Level 1 Award For Teenagers.

This practical leadership course is aimed at 13 to 15 year olds. It introduces those taking part to leadership and organisational skills that are developed through organising and leading sport. Fantastic for developing confidence and experiential learning. The course runs mornings 9.30am to 1.30pm, Mon 22nd July to Fri 26th July. The Sports Leadership Level 1 course culminates in the organisation of a Festival of Sport for children on the Sports Train Programme on Tuesday 30th July. (Practice day Monday 29th July).

Core Modules include:

- Planning, leading and evaluating.
- Communication, verbal and non-verbal.
- Identifying leadership skills.
- Planning and leading activities.
- Fair play in sport.
- The role of the Official.
- Voluntary work to support six sessions.

For further info and to book contact the GS LA Sports Development & Training Unit on email gibsportsdev@gibtelecom.net

Aqua aerobics & Aquafit for Teenagers.

Aqua Zumba, Aqua Fit and Aqua Aerobics – Wednesday evenings 17th July to 21st August 8.10pm to 9.00pm at the GS LA accessible pool.

No need to book just turn up.

For further info check the GS LA website www.gs-la.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Family Fun Evenings.

A programme of sport and leisure activities for all the family including badminton, table tennis, darts, climbing, table soccer, table top games, padel tennis and paddle boarding. No need to book, just turn up. Tuesday evenings 8.00pm to 10.00pm from 16th July to 20th August at The Bayside Sports Complex.

● **Climbing instruction** for teenagers every Tuesday evening 8.00pm to 10.00pm at the Bayside Climbing Wall with Gibraltar Climbing Association instructors as part of the family fun evenings.

● **Paddle Boarding** Tuesday evenings as part of the Family Fun Evenings, 8.00pm to 10.00pm, meet at the Bayside Sports Complex Boathouse Activity Centre.

● **Beach Volleyball** Thursday mornings at Nuffield Pool throughout the summer (18th July - 22nd August) 10.00am to 12.00pm. (do not forget a hat and sun protection).



For further info check the GSLA website www.gsla.gi,
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Summer Sports & Leisure Programme 2019

4. Activities organised in partnership with Sports Associations

Angling

The Gibraltar Angling Association is organising two exciting dates for junior anglers at the Mid Harbours Pier, Coaling Island. Sun 28th July, 8.30am to 12.30pm will see a training day offering advice and coaching on casting, tactics, tides, different baits and much more. Sun 11th August, 8.30am to 1.00pm is the date for the now annual Junior Angling Tournament.

Dates and full details can be confirmed by contacting Michael Hernandez on Tel 54013374 or Mario Ramos on 56286000.



Badminton

Recreational Badminton will be included as part of this years Sports Train Programme. Dates to be confirmed.



**Don't forget to bring
your own water bottle**



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Summer Sports & Leisure Programme 2019

Basketball

The Chus Mateo Academy in conjunction with GABBA will be organising a Summer Basketball Camp for 8-16 year olds from Mon 22nd to Fri 26th July. Top quality coaches from Real Madrid together with Chus Mateo, Senior Real Madrid Club Coach will be running the camp. 10.00am to 1.00pm will see players receive quality coaching for 3 hours followed by lunch. Afternoon sessions will include competitions and leisure activities.

To book and for further info visit the link below
<http://www.chusmateoacademy.com>

Junior Basketball

Basketball coaching with Junior Development Officer Brian Turbidy. Ball handling, skills and drills culminating in a fun basketball festival at the Bayside Sports Complex. 10.00am to 12:30pm.

- Mon 5th & Tues 6th August for 7 to 9 year olds.
- Wed 7th & Thurs 8th August for 10 to 14 year olds.
- Fri 9th August basketball festival for all age groups.

For further info and to book contact Brian Tubridy on Tel 54048988.



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Summer Sports & Leisure Programme 2019

Canoeing

Canoeing and paddle boarding at the Bayside Sports Complex Boathouse will be on offer on Tuesday evenings 8.00pm to 10.00pm as part of the Family Fun Evenings. All taking part must be able to swim at least 50m. Canoes and paddle boards available on a first come first served basis. Maximum 12 in the water at any one time.

No need to book just turn up.



Climbing

The Gibraltar Climbing Association will be organising introduction to climbing sessions for young people 8 to 13 years of age. Each session will comprise of 2 x 2 hours at the Bayside Sports Complex Climbing Wall. Children must wear trainers, a hat and sunblock and bring along a bottle of water/drink.

Dates:

- Week 1 Tues 13th & Thurs 15th August.
- Week 2 Tues 20th & Thurs 22nd August.

Climbing also available as part of the family fun evening. For further info and to book, contact Steve Payne email steve.climbs@hotmail.com or Tel 54015063.



Cricket

Gibraltar Cricket will be carrying out an Introduction to Cricket Programme for kids aged 7-10. Learn skills such as bowling, throwing, catching and striking in a fun and friendly environment. Sessions will be Mon 22nd to Fri 26th. Tournaments and prizes will also be included.

For further info and to book, contact Guy Dumas on email guydumas@gibraltarcricket.com or Tel 58914000.



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Summer Sports & Leisure Programme 2019

Chess coaching by the Gibraltar Chess Association

Coaching is offered for beginners to advanced players.

- Week 1 - Mon 15th to Fri 19th July 9.00am-3.00pm.
- Week 2 - Mon 19th to Fri 23rd August 9.00am-3.00pm.

We will again be offering a course leading to our Gibraltar Award of Excellence from Bronze to Platinum stage.

A specialist week long training camp with Stephen Whatley, Gibraltar's No1 Player, will also be on offered.

For further info and to book contact Sharon Whatley on email: siw2911@hotmail.co.uk or Tel 54029720.



Chess coaching with Community Chess Professional

An introduction to chess and chess coaching will be available for beginners and more experienced young players over the summer period with Gibraltar's Community Chess Professional, Stuart Conquest.

- Chess Coaching Clinic 1 - Mon 15th to Fri 19th July.
- Chess Coaching Clinic 2 - Sat 10th to Wed 14th August.

Venue - King's Bastion Leisure Centre - 10.00am to 11.15am beginners (basic knowledge of rules assumed), and 11.15am to 12.30pm for intermediates and advanced players.

For further info and to book contact Stuart Conquest, Community Chess Professional on email sconquest@hotmail.com or Tel 54029978.



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Summer Sports & Leisure Programme 2019

GFA Grassroots Football Summer Camps.

Coaching, skills, drills, small sided games, competition and much more with fully qualified GFA coaches for boys and girls. Prizes and mementos for young players, 5 years and over. Venue Bayside Sport Complex pitches number 1 & 2.

Football Camp 1 - Mon 15th- Fri 19th July from 9.30am to 11.30pm.

Football Camp 2 - Mon 22nd- Wed 24th July from 9.30am to 11.30pm.

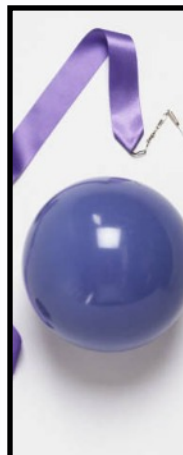
For further info and to register please visit the GFA offices in Irish Town or contact Leslie Asquez on email leslie.asquez@gibraltarfa.com or Tel 54205000 or GFA 20042941.



Gymnastics (Rhythmic & Artistic)

This year's summer camp will include Artistic and Rhythmic gymnastics for girls and boys of all levels over the age of 4 years. Sessions will be Mon 15th to Fri 19th July at the Victoria Sports Hall. Coaching in artistic, parallel bars and beans, ball, hoop and ribbons will be available culminating in a display for parents.

For further info and to book contact Sally on email info.grga@yahoo.co.uk or Tel 56000772



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Ice Skating

Three weeks of Ice Skating programmes at Kings Bastion Leisure Centre.

Gibraltar Rock Stars Figure Skating Club Summer Camp

- Week 1 - Mon 1st to Fri 5th July 9.15am to 1.00pm. Qualified coach Sue Walsh will be holding a fun packed skate camp covering complete beginners and all aspects of skating.
- Week 2 - Mon 19th to Fri 23rd August between 9.15am to 1.00pm. Learn to skate programme for all levels.

For further info and to book contact grsfsc@gmail.com or Sharon on 58700000 in the evenings.

Rock Ice Skating Academy "Young Stars"

- Week 3 - Mon 8th to Wed 10th July 10.00am to 1.00pm. Special sessions for skaters of all ages and abilities, led by husband and wife team Jenni and Mike Smith, resident international coaches. The skaters will learn basic skills in a fun environment, enabling them to skate safely and happily. 12.00pm to 1.00pm will see workshops for advanced skaters.

For further information and to book contact Jenni on email jennichampagne@hotmail.co.uk or Tel 0034600270131.

All skaters to wear warm comfortable clothing including gloves.



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Summer Sports & Leisure Programme 2019

Ju-Jitsu

Learn the Art of the Japanese Samurai, the Art of Ju-Jitsu and Self-defence with Ju-Jitsu Academy International Instructor Sensei Anthony Joaquin.

Wed 31st July, Thurs 1st and Fri 2nd August, 10.00am to 12.00pm at the Bayside Sport Complex.

No need to book, just turn up.

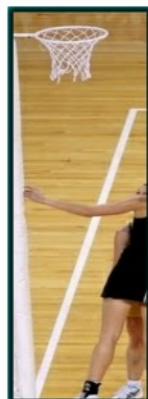


GNA Netball

Netball Summer Camps for 7 to 12 year olds at the Bayside Sports Complex, Mon 29th to Wed 31st July 10.00am to 12.00pm.

Fundamentals of netball movement and ball skills, mini competitions and much more with the Gibraltar Netball Association (GNA) qualified coaches and volunteers.

For further info and to book contact Nadine on nadinezammit@yahoo.com



Gibraltar and Harlequins Rugby Union Summer Camp

Rugby Union Summer Camp for children ages 7 to 16 years olds. Mon 5th to Wed 7th August at the Bayside Sports Complex, Pitch No2. An insight into professional rugby and coaching from top coaches. Including coaching, nutrition, strength and conditioning and video analysis with ex professional players and current coaches from the Premiership.

For further info and to book contact Dave on email dave.barley@gibraltarrfu.com or Tel 0044 7545828080



Summer Sports & Leisure Programme 2019

Sailing Summer School

Learn to sail with qualified sailing instructors at the Royal Gibraltar Yacht Club.

Courses for beginners and for those with limited sailing experience.

- Mon to Fri 22nd to 26th July.
- Mon to Fri 12th to 16th August.
- Mon to Fri 19th to 23rd August.

All courses will be held at the Royal Gibraltar Yacht Club, from 9.00am to 1.00pm.

Participants to be between the ages of 8 and 15. Must be a competent swimmer and be confident in the sea. All will require bathing costume, towel, T-shirt and cap, shoes with covered toes, sunblock, cold drink, light refreshments and a change of clothing.

For further info and to book contact Mr Sydney Pilcher at the RGYC on e-mail sailingschoolatrgyc@gmail.com or Tel 20048847.



The Sport of Lifesaving.

RLSS Rookie Lifeguard courses leading to Bronze and Silver Awards. Children will receive badges and certificates on completion. Available to Boys and Girls of 9-12 years old. At the GSLA Pool and or Bathing Pavilion (maximum 12 places). Participants must be able to swim 50 meters. Please bring swim wear.

- Bronze Award Tues 16th to Thurs 18th July from 10.00am to 12.00.
- Silver Award Tues 23rd to Thurs 25th July from 10.00am to 12.00.

For further info and to book contact Norbert Sene on email nnsene@gibtelecom.net or Tel 58009197.



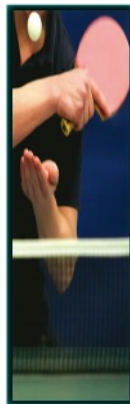
For further info check the GSLA website www.gsla.gi,
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Summer Sports & Leisure Programme 2019

Table Tennis Coaching.

Table Tennis playing and coaching sessions will be available for 8 years and over as part of the Sports Train Programme between Mon 29th and Wed 31st July, 10.00am to 12.30pm. Table Tennis coaching will also be available every Tuesday evening 8.00pm to 10.00pm as part of the Family Fun Evening, at the Bayside Sports Complex.

No need to book just turn up. Visit the Gibraltar Table Tennis Association Facebook site.



Rifle Target Shooting

An introduction to the sport of Rifle Shooting with Gibraltar Target Shooting Association, NSRA/ISSF NTO qualified coaches. Both girls and boys 13 years and over can apply for places. Coaching clinics will run over a period of one week (3 sessions). Maximum of six children per coaching clinic. Those taking part will be given a safety briefing and will need a letter from parents/guardians to the GTSA granting permission for their children to handle and use Air Rifles .177 pellets and Small Bore Rifles .22Lr at the GTSA Shooting Complex. *(Young people taking part may be invited to join the GTSA development programme that commences in October 2019.)*

For further information on requirements and to register please contact Albert Buhagiar on email abcalbert@gibtelecom.net or Tel 58609000 or Darren Sheriff on darren.sheriff@gibtele.com or Tel 58009193



For further info check the GSLA website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Taekwondo

Taster consisting of patterns, sparring and self-defence, at North Jumpers Bastion, Rosia Road on Saturday 10th August 10.00am to 11:30am. All children between 5-12 years old are welcome. Sports kit to be worn.

For further info and to book contact e-mail tkdgarcia@hotmail.co.uk or message via Facebook: "Gibraltar Taekwondo". Visit our website www.gibraltartaekwondo.org.



Tennis

Gibraltar Tennis Association (GTA) Coaching Clinics at Sandpits Lawn Tennis Club in the mornings for 5- 14 year olds with qualified GTA coach Dustin Horrillo. Coaching starts Monday 15th July and is available weekdays throughout the summer holidays.

For further info and to book contact Dustin Horrillo on email dustevoviii@gmail.com or Tel 54006579



Beach Volleyball

Coaching and fun games, Thursdays 10.00am to 12.00pm at Nuffield Pool throughout the summer for youngsters 11 years and over (18th July to 15th August)

No need to book, just turn up. Please bring swim wear, towel, sunscreen and drink.



For further info check the GSLA website www.gsla.gi, e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Water Polo

Water polo will be organised by Gibraltar Water Polo Association coaches at the GSLA 25m Pool, Mon 15th to Wed 17th July 10.00am to 12.00pm. Skills, drills, coaching and mini competitions will be on offer for girls and boys between the ages of 9 and 14. Swimmers must be able to swim 50m and be comfortable in deep water.

For further info and to book contact GSLA on email gibsportsdev@gibtelecom.net



**Don't forget to bring
your own water bottle**



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Summer Sports & Leisure Programme 2019

5. Leisure and Educational Activities

King's Bastion Leisure Centre.

Ten Pin Bowling, Ice Skating, Cinemas, Fitness Gym, amusement arcade, games room, restaurant and events venue.

Contact details info@kingsbastion.gov.gi or website www.kingsbastion.gov.gi or Tel 20044777



Dog Training - Junior handling Courses.

Ever popular Dog Training and handling course. This year's course will cover topics such as why train your dog? Training methods, Showing your dog, Sportsmanship, Etiquette and preparing for competition. *(Participants must take along their own dog and kit including water, towel, dog brush, toys, treats, safety collar, poo bags & lead).*

Workshops run on Tues and Wed 16th & 17th, 23rd & 24th and 30th & 31st July - 11.00am to 12.00pm near the Bayside Sports Complex Pitch No2.

For further info and to book contact Elizabeth Gonzalez – International Judge/Trainer Gibraltar Kennel Club on gonbear@gibtelecom.net or gonbear@hotmail.com or Tel 20044479, mobile 58009789.



For further info check the GSLA website www.gsla.gi, e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Walks through History.

The Gibraltar National Museum will once again be offering the very popular 'Walks through History' during the summer. Walks aimed at 9 to 12 year olds, will take the children back in time making history come alive as they tour different parts of Gibraltar and talk about its past.

Some of the events will be structured as hands-on workshops where children will learn how past cultures produced ceramics, hunted for food and expressed themselves in art. They will even get the chance to become archaeologists for a day as they learn how to excavate a site from a real archaeologist!

Parents, or guardians, are welcome to accompany the children but numbers are limited to a maximum of 15 children per group. Bookings on a 'first come, first served' basis.

For further info contact education@gibmuseum.gi or Tel 200 74289. Full details on each walk will be available from the Gibraltar National Museum and on our web and social media pages closer to the dates. Website www.gibmuseum.gi

Facebook: "TheGibraltarMuseum"



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Summer Sports & Leisure Programme 2019

Healthy eating, what does this really mean?

This will be delivered by the HMGoG Public Health Department, as part of the recently launched Government initiative, CHAMP's (The Children, Healthy and Active Multi-agency Programme) Dietitians from the GHA will be speaking to young people on the Sports Train Programme to reinforce the importance of healthy eating and how best they can achieve this. The information will be delivered interactively via fun activities and question and answer sessions.

No need to book as these information workshops will be built into the Sports Train Programme.



Table Soccer (Subbuteo).

Will be included in the Family Fun Evenings which will take place every Tuesday throughout the summer (16th July to 20th August)

No need to book just turn up.



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Summer Sports & Leisure Programme 2019

CYE-CYL

A new charity aimed at providing young people with insights into various sectors across Gibraltar. Its a 3 Week Challenge which include outdoor activities, volunteering and learning new entrepreneurial skills. Most importantly the team will deliver workshops to build self esteem and to rid young people of self-doubt and negative self-perceptions.

Challenges

- Mon 8th to Sat 27th July for 16 – 20 year olds.
- Mon 5th August to Sun 25th August for 12 – 15 year olds.

For further info and to book, contact Romina on

romina@cyecyl.org

Website details are www.cyecyl.org

CYE-CYL
CHALLENGE YOUR EGO CHALLENGE YOUR LIFE

St. Johns Ambulance Young First Aider Courses

First Aid, CPR, Incident & casualty management, top to toe surveys and much more. Courses to be held at St Johns House 26-28D Queensway opposite Leisure Centre. Mon to Fri from 10.00am to 12.30pm.

- Course 1 – Mon 22nd to Fri 26th July - 7 to 9 year olds.
- Course 2 – Mon 5th to Fri 9th August – 10 years and over

Your child will need to bring a pen, notebook and a drink.

For further info and to book contact St John Ambulance on e-mail stjohn@gibtelecom.net or Tel 20077390



For further info check the GSLA website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

6 Activities for Younger Children

Children's Corner (GSLA).

Fun recreational activities organised by GSLA Sports Leaders for 5 and 6 year olds. Activities will be held Mon, Wed and Fri 10.00am to 12.30pm, (15th July to 23rd August) at the Bayside Sports Complex. Fun games, age appropriate sporting activities and imaginative play.

No need to book just turn up. Please remember to send your child with plenty of water to drink with his or her own clearly marked water bottle and with the signed consent form.



Pre-School Gymnastics (Tumbling Tots).

Introduction to gymnastic movements for 2 to 4 year olds. Fabulous courses with soft play, balance, co-ordination and lots of fun for children and their parents. Sessions will be Mon 15th Wed 17th Fri 19th July at the Victoria Sports Hall.

For further info and to book contact Gibraltar Rhythmic Gymnastics Association on info.grga@yahoo.co.uk Facebook [Gibraltar Rhythmic Gymnastics Association](#) or Tel 56000772.



Please see (7) Cultural activities for information on Storytime at the Library

For further info check the GSLA website www.gsla.gi, e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Mini Story Telling/Rhyme and Yoga for Children.

Live Stories, signing, action rhymes and introduction to percussion instruments with puppets and props. Yoga sessions designed to motivate children and build confidence to manage emotions.

Sessions held at 25 Rosia Plaza from 10.00am to 12.30pm on Weds and Thurs from 14th to 29th August for children 2 and a half years upwards. Led by qualified montessori teach Jessica.

For further info and to book contact Jessica on email ministorytelling@hotmail.com or Tel 58722000.



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Summer Sports & Leisure Programme 2019

7 Cultural Activities

Move to Create Art Workshop

Zoë Leigh Bishop on behalf of Gibraltar Cultural Services (GCS) will lead a series of interactive, family-friendly workshops called “Move to Create” which will take place Thurs 18th & 25th July and 1st August at the GEMA Gallery on Montagu Bastion between 10.00am to 12.00pm.

Workshops offer a series of games in which children and family members can collaborate in creating art through enjoyable activities. The art created will have a focus on process, born from the playful movement of the session and as a result it will encourage participants to engage mindfully in the here and now.

Children 4 to 7 year olds must be accompanied by a family member children 8 years and older are welcome to attend alone, or with a family member. All participants must wear comfortable clothing they don't mind getting artsy in!

Art Tour & Treasure Hunt

Organised by Gibraltar Cultural Services (GCS)

For young people aged eight and over with an accompanying adult
A fun and interactive art treasure hunt through the different Art Galleries via Casemates and Irish Town with a tour of the galleries visited.

Tuesday's 16th, 23rd, 30th July & 6th August at 10.00am

For further info or to book your place on the above activities contact GCS Cultural Development Unit on email info@culture.gi or Tel 200 79750.

For further info check the GCSLA website www.gsla.gi
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Storytime at the library.

Interactive storytelling sessions for infants and toddlers, with accompanying adult, at the John Mackintosh Hall Library.

Wednesday 17th & 31st July 10.30am for 0-2 year olds

Wednesday 24th July & 7th August 10.30am for 2-4 year olds

Free of charge. Pre-booking required, email info@culture.gi Or Tel 20049161.

Showdance Company

Show Dance Company is offering free Dance Classes for 7 years and over. Classes will also promote flexibility and technique.

- Wednesday 14th August & Wednesday 21st August 2019 from 9:30am to 10:30am at 18 Wellington Front.

For further info and to book contact Sabrina Abudarham email: showdancecom@gmail.com or Tel 54021145.

Danza Academy

I.D.F and I.D.O World Champion Coach and Choreographer Anne-Marie Gomez is offering a range of Highly motivational dance classes throughout the summer holidays. All levels of dancers from beginners to advanced catered for. Classes will be held in Ballet, modern/contemporary, Hip Hop/commercial, creative workshops incorporating choreography and improvisation. Boy and Girls welcome. Pick up service can be arranged.

For further information and to book please contact Anne-Marie on email danzagib@hotmail.co.uk or Tel 54027111.

For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

ECO Arts Workshops.

Workshops aimed at helping children discover and create ways of combining their ideas with green art, introducing them into the world of drawing, painting, and sculpture through nature.

Young crafters learn about separating paper from plastic, tin from glass and about recognising recycling symbols printed on packaging. They are encouraged to collect natural materials, pebbles, shells, twigs and leaves which make excellent materials for their artwork.

Workshops run Mon to Fri throughout the summer 10.00am to 1.00pm at the Botanical Gardens Wild Life Park.

For further info and to book contact Ania Maza on e-mail ania.maza@gmail.com or via Facebook [Eco Art Gibraltar](#) or Tel 0034 665386838 or 54024321.

Art Remedy Workshops

Held at The Rock Tai Chi Centre, Wellington Front, Unit 34.

- Week 1 Tues 6th to Fri 9th August for ages 4 to 8
- Week 2 Tues 20th to Sat 24th August for ages 9 to 12.

Fabulous session for identifying and visualising emotions. Both sessions are from 9:30am to 12.00pm. Please bring a snack and drink.

For further info and to book contact Marie on email mariedcfox@gmail.com or Tel 54019808.

For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Arts and Crafts Centre

From 1st July to 23rd August

Happy Crafting Workshops (with Teresa).

Workshops full of fun, colour and creativity for 4 to 8 year olds. Mon to Thurs throughout summer from 10.30am to 12.30pm.

Painting, drawing, paper mache, weaving, clay modelling, up-cycling and recycling. All materials provided.

For further info contact Teresa on email tressmoore@hotmail.co.uk or Tel 54006059.

Creative Crafts (with Kate).

Mixed media art, drawing, painting, paper mache and much more! All materials included. Wed and Thurs mornings for children aged 7+ from 10.30am to 12.30pm.

For further info contact Kate on email kdavies62@gmail.com or Tel 54018012.

Fashion/Sewing/Textiles (with Lisa).

3 days weekly. Different projects every week. For children aged 9 to 14.

For further info contact Lisa Cronin on email Ziladesigns8@gmail.com

Crafts for Kids (with Louise).

Yarn craft, sewing and fun projects for children 6 years and over .

For further info contact Louise on Tel 54010296.

For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

Stagecoach Summer Workshop.

"A week of the holidays when stars will shine"

From the moment students arrive at the workshop, they'll be caught up in the excitement of fun, hard work and creativity whilst making new friends. Casting, rehearsing and performing. Working with a professional team of directors, they will develop confidence and skills in several memorable and inspiring days.

Dates: Monday 15th July until Friday 19th July at Bayside Drama Studio from 10.00am - 2.00pm (Ages 4-16)

For further info and to book contact email gibraltar@stagecoach.gi or Warren on Tel 200 44885. Website: www.stagecoach.gi Places are strictly first come, first served!

An Introduction to Photography.

An introduction to seeing the world through the lens of a camera. Workshops aimed at 11 to 13 year olds are being organised by the Gibraltar Photographic Society at Wellington Front Vault 29. There will be a maximum of 6 people for each workshop, places awarded on a first come first served basis.

- Workshop 1 - Mon 15th to Thurs 18th July. 10.00am -12.00pm
- Workshop 2 - Mon 22nd to Thurs 25th July. 10.00am -12.00pm

Young people may be required to bring along their own cameras but if they do not own one, the Society will provide one. They should also bring along a drink and cap as there will be practical sessions out and about.

For further info and to book please contact Leslie on email leslinares@gibtelecom.net

Summer Sports & Leisure Programme 2019

8 Activities organised by the Gibraltar Youth Service

Youth Service- Summer Projects

'Rags 2 Riches'- Upcycling fashion project

Customising, sewing and painting old clothes to make a new design.

Photography opportunities and "Showcase" on Thursday 5th September.

Mon 15th July – Fri 19th July from 10.00am to 12.15pm.

For children 10 to 16 year olds.

Movement & Expression Arts

Creating dance and drama pieces. Mon 22nd July - Fri 26th July from

10.00am to 12.15pm and a "Showcase" on Thurs 5th September. For children 10 to 16 year olds.

Wearable Art

Creating upcycled art pieces to wear, photograph and perform at a

"Showcase" on Thursday 5th September. Monday 29th July - Friday 2nd August from 10.00am to 12.15pm. For children 14 years and over.

Above activities will be held in the Montagu Youth Centre. For further info and to book contact: Caroline Dixon on Tel 20041948 or book via www.youth.gi

For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

'Taste Buddies' cooking sessions.

At Laguna Youth Club, Glacis Estate. All those taking part can expect to learn some great cooking skills.

Mon 5th to Fri 9th August, 9.00am to 12.30. For children 8 to 12 years old. For further info contact: Martin Graffione on 20045202 or book via

www.youth.gi

Dolphins Youth Club, Rosia Road

Mon 12th to Fri 16th August, 9.00am to 12.30pm. For children 8 to 12 years old.

For further info contact: Sarah Wadsworth on 20041948 or book via

www.youth.gi

Patio Games

At Dolphin's Youth Club, Rosia Road. A selection of team building, obstacle races and fun activities. Monday 19th August to Friday 23rd August from 10.00am to 12.30pm for children 8 years and over.

For further info contact: Jamie Napoli on 200 45202 or book via

www.youth.gi

**Don't forget to bring
your own water bottle**



For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522

Summer Sports & Leisure Programme 2019

9 Gibraltar Leisure Associations

Physical Activities Association for Mature Older Adults (PAAMOA)	www.paamoa.com • Chairperson: Ms Marie Carmen Vallejo email vallebone@gmail.com
Aeronautical Remote Control Association	• Chairperson Mr Kenneth Pereira email kpereira@gibtelecom.net
Marocatlás Gibraltar 4 x 4 Club	• President Mr Alfred Balban email alfred4x4@gmail.com
Gibraltar Jet ski Association	• Secretary Mr Adam Cassaglia email cassaglia@hotmail.com
Gibraltar Aquafit	• Secretary Mrs Simone Redman email simoneredman@hotmail.com
Gibraltar ESports and Video Gaming Association	• Chairperson Charles Garcia email Charles.Garcia@anglo.gi
Rock Warriors Obstacle Racing Course Association	• President Juri Williamson email juri.williamson@sunborngibraltar.com
Gibraltar Kennel Club	• Vice Chair Elizabeth Gonzalez email gonbeor@hotmail.com
Gibraltar Gaelic Football Association	• President Seamus Hayes email seamihayes@gmail.com
Gibraltar Tabletop Gaming Society	• Mr Alister Fa email alister@gibtelecom.net

For further info check the GSLA website www.gsla.gi,
 e-mail gibsportsdev@gibtelecom.net or Tel 20076522

10. Past Summer Sports Programmes



Thanks to our main sponsor NatWest International who have been involved in supporting the development of the programme since its launch in 1999.

Summer Sports & Leisure Programme 2019

11. Parental Consent Form.

Name of child, age, contact name & Tel No (Must be available during your child's participation in the programme)

	Name of child	Age	Contact name and telephone number
1			
2			
3			

Does your child have a medical condition that may affect his/her participation in the programme? If so, please give details _____



Please ensure your child/children bring(s) this form with them the first time he/she visits the programme.

The Gibraltar Sports & Leisure Authority reserves the right to cancel activities due to lack of numbers or adverse weather conditions.

If your child causes a disturbance during the programme, GSLA staff will contact parents/guardians and ask for their assistance in addressing the situation.

All Sports Leaders will receive induction training, will be RGP vetted and safeguarding trained to ensure the safety of the children and young people taking part.

It is understood that the GSLA will not be liable for any loss or injury incurred whilst participating on the Summer Sports Programme.

Your child may be photographed as part of the media coverage of the programme. Signature on this parental consent form acknowledges that photos taken may appear in local press and social media.

All information contained in this Leaflet will be for internal GSLA purposes only and to contact parents/guardians in an emergency.

Signed _____

Date _____

For further info check the GSLA website www.gsla.gi,
e-mail gibsportsdev@gibtelecom.net or Tel 20076522



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