

BSC COVID-19 CONTROL MEASURES USER GUIDE

Use the right entry point for the facility you are using:

- TSH/VSH – **BSC Main Entrance.**
- Track – **East Side Entrance (Cepsa).**

Sanitise your hands on entry, at sanitation point provided.

Make your way straight to activity/session:

- Do not gather in groups.
- Use clearly identified routes.

Use changing room ONLY if absolutely necessary. These are:

- TSH – Changing rooms 1 & 7.
- Track- Hockey changing rooms 7 (female) & 8 (male).
- **NO SHOWERING!**

The following toilets will be open for use:

- TSH – Stands South.
- Track – Cepsa/Hockey stands east.

Observe social distancing at all times and DO NOT move outside of or beyond the facility you are using

Do not use GSLA sanitisers to clean personal equipment.

If you suddenly feel unwell make this known to your coach/leader and/or member of GSLA staff.

STRICTLY ADHERE TO ALL GSLA INSTRUCTIONS.