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1. Working in partnership.

The Gibraltar Sports & Leisure Authority

organises the Summer Sports & Leisure Programme ("the Programme") for the children and young people of Gibraltar. The GSLA funds, manages and co-ordinates the Programme through their Sports Development and Training Unit and Facilities Teams. They also work in partnership with voluntary sports and leisure associations, Gibraltar Museum and the Youth Service to ensure a diverse programme of activities throughout the summer. The Programme will run between Wednesday 13th July and Wednesday 24th August, 2022.

2. Activities organised by the GSLA.

All activities organised by the GSLA are free of charge, all equipment unless stated is also provided. Sessions will take place as from Wednesday 13th July and run until Wednesday 24th August 10am to 12:30pm. Please see GSLA Website www.gsla.gi for further information.

- •Sports Train. A programme of sporting activities including fitness and fun for children and young people aged between 7 and 14. Weekday mornings 10am to 12.30pm.
- Children's Corner. Fun recreational activities organised by GSLA Sports Leaders for 5 and 6 year olds. Activities will be held Mon, Wed and Fri 10am to 12.30pm, (Wednesday 13th July to Wednesday 24th August) at the Bayside Sports Complex. Fun games, age appropriate sporting activities and imaginative play will be included.

There will be an online registration form available on our social media site as well as the opportunity to sign up onsite. Please remember to send your child with plenty of water to drink with his or her own clearly marked water bottle.

2. Activities organised by the GSLA

Stay and Play.

Monday 11th July to Thursday 25th August. A programme of sporting activities, arts, music and continued learning for children with special needs. Held weekdays 9.30am to 1pm. (Referrals from St. Martins School only).

Family Fun Evenings for all

A programme of sporting and fun activities for all the family. Badminton, table tennis, climbing, paddle tennis and paddle boarding. Tuesday evenings 8.00pm to 10.00pm from (19th July to 23rd August). No need to book, just turn up.

GSLA Sports Leadership Level 1 Award for 13 - 15 year olds

A great course for building confidence and developing leadership and organisational skills. Mon 18th to Thurs 21# July, culminating in a Festival of Sport for 7 & 8 year olds on Tuesday 26th July. (Practice Day Mon 25th July). Applications available through the Summer Sports Hotline or email info@asla.gi places are limited so book early.

All GSLA organised activities above take place at the Bayside Sports Complex.

Core Modules include:

- Planning, leading and evaluating.
- •Communication, verbal and non-verbal.
- Identifying leadership skills.
- •Planning and leading activities.
- •Fair play in sport.
- •The role of the Official.
- Voluntary work to support six sessions.

For further info and to book contact the GSLA Sports Development & Training Unit on email info@gsla.gi

3. What Parents/Guardians Need To Know

What to wear and what you need?

Children and young people need to wear loose comfortable clothing, trainers and protection against the sun (e.g. sun cream and a cap). Children should be encouraged to eat breakfast before attending and bring along water/drink.

Water.

Our commitment to the environment has led us to not utilising single use plastic water bottles. Access to potable water where they can refill their bottles will be available. It is really important that your child brings along their own drinks bottle and has their named clearly written on it.

Contact details whilst your child is on the programme.

The telephone number provided on the parental consent form must be manned for the duration of the child's participation on all elements of the Programme.

Don't forget to bring







3. What Parents/Guardians Need To Know

Photographs/Press coverage.

Children participating in the Programme may be photographed by approved local media and their images may be published in the local press, GSLA social media platforms and in future promotion of the Summer Sports and Leisure activities. Please contact the Sports Development Unit on info@gsla.gi if you do not want your child's images to be displayed in local media and on GSLA approved social media sites.

Charges.

All activities provided by GSLA are free of charge, however some sports associations and leisure providers may charge for participation in their coaching clinics and summer camps. These associations have committed to reinvest fees into the development of their junior programmes.

Booking.

You may need to book onto activities organised by the Sports Associations, so please take note of contact details.

Don't forget to bring



For further info check the GSLA website www.gsla.gi e-mail info@gsla.gi or Tel 20076522

4. Activities in partnership with Sports Associations

Angling.

The Gibraltar Angling Association are organising two exciting days for junior anglers. On these days junior anglers will be coached on casting, tides, different baits and much more.

Saturday 6th August and Saturday 13th August

These competition days will take place in the Small Boats Marina.

For further info please contact Mario Ramos on Tel 56286000.



Basketball

The Chus Mateo Academy in conjunction with GABBA will be organising a Summer Basketball Camp for 8-16 year olds from Mon 11th to Fri 15th July from 9am -12.30pm at the Tercentenary Sports Hall and from 4pm – 6pm at the MUGA. Top quality coaches from Real Madrid together with Chus Mateo, Senior Real Madrid Club Coach will be running the camp.

For further info and to book visit the link below http://www.chusmateoacademy.com

Her World Her Rules.

Introducing girls between the ages of 6 to 14 to the game of basketball.

Thursday 11th August:

Session 1 - 6 to 8 year olds from 9am to 10am Session 2 9 to 10 year olds from 10am to 11am

Friday 12th August:

Session 1 - 11 to 12 year olds from 9am to 10am
Session 2 - 13 to 14 year olds from 10am to 11am
For further info and to book contact Jason McMahon via telephone on 58009363.



Beach Volleyball

Coaching and fun games, Monday 18th July – Friday 22nd July 10am to 12 noon at Beach Volleyball Courts (Europa Pool) for youngsters 10 – 16 years old and Monday 15th August – Saturday 20th August aged 10 – 13 years old.

Children are to wear cap and sunscreen, bring towel and bathing costume.

For further info and to book contact volleyballgibraltar@gmail.com.



Canoeing

Canoeing and paddle boarding at the Bayside Sports Complex Boathouse will be on offer on Tuesdays evenings as part of the Family Fun Evenings. All taking part must be able to swim at least 50m. Canoes and paddle boards available on a first come first served basis. Maximum 12 in the water at any one time.



Chess coaching by the Gibraltar Chess Association

Coaching and a specialist week long training camp with Stephen Whatley, (Gibraltar's No1 ranked player) will be on offer throughout August. Places are limited. Dates and times to be confirmed.

To book and for further info contact Sharon Whatley on email: sjw2911@hotmail.co.uk or Tel 54029720.



Climbing

The Gibraltar Climbing Association will be organising climbing sessions for young people 8 to 13 years of age.

Each session will comprise of 2 x 2 hours at the Bayside Sports Complex Climbing Wall. Children must wear trainers or outdoor shoes, a hat and sunblock and bring along a bottle of water/drink. Dates:

- Week 1 Tues 12th & Thurs 14th July. 10am to 12pm
- Week 2 Tues 19th & Thurs 21st July. 10am to 12pm.

Climbing also available as part of the Family Fun Evening. For further info and to book, contact Steve Payne email steve.climbs@hotmail.com or Tel 54015063.



Cricket Summer Slam

The Gibraltar Cricket Association will be running open sessions every Tuesday and Thursday as from 19th July – 18th August at the Europa Sports Park.

- · 09:00am 10:30am 5 7 year olds.
- · 09:00 am- 12:30am All age groups.

For further info and to book, contact email info@gibraltarcricket.com.





GFA Grassroots Football Summer Camps.

Coaching, skills, drills, small sided games, competition and much more with fully qualified GFA coaches for boys and girls. Prizes and mementos for young players, for 5 year olds and over. Venue Victoria Stadium Pitch Number 1 & 2 from 9am-10.30am.

Week 1 - 11 to 15th July Week 2 - 18th to 22nd July

for further information and to sign up see GFA website: www.gibraltarfa.com



Gymnastics (Rhythmic & Artistic)

This year's summer camp will include Rhythmic, Artistic and gymnastics for girls and boys of all abilities as from 4 year olds and over. Sessions will be held at the Europa Point Sports Complex. Coaching in artistic, ball, hoop and ribbons, stretching and conditioning.

Time: 10am-12.30pm

Week 1-11th to 15th July Week 2-18th to 22nd July Week 3-25th to 29th July

For further info and to book contact Sally on email info.grga@yahoo.co.uk or Tel 56000772



GNA Nethall

Netball Summer Camps for 7 to 12 year olds at the Bayside Sports Complex.

- ·Mon 25th to Wed 27th July 9am to 12pm.
- ·Mon 1st to Wed 3rd August 9am to 12pm.
- ·Mon 8th to Wed 10th August 9am to 12pm

Fundamentals of netball movement and ball skills, mini competitions and much more with the Gibraltar Netball Association (GNA) qualified coaches and volunteers.

For further info and to book contact Nadine on gibnetball.devacademy@gmail.com



Mamex.io



Padel Tennis

Junior Padel coaching for children of all abilities from 5 to 14 year olds. These sessions are free of charge with a maximum of 10 participants per session on a first come first serve basis and are free of charge.

Wednesday 20th July 10am to 11 am and 11am to 12pm.
Two sessions.

Wednesday 27th July 10am to 11 am and 11am to 12pm. Two sessions.

Wednesday 3rd August 10am to 11 am and 11am to 12pm.
Two sessions.

The sessions will be run at the Bayside Sports Complex Padel Courts.

For further info please contact association@padel.gi



Petanque

The classes are held in the Gibraltar Petanque Association, Giralda Gardens, Smith Dorrien Avenue for 12 – 16 year olds.

Tuesdays from the 12th July – 23rd August, 10am – 12pm.

Maximum numbers 8 & minimum 4 per session.

Please wear trainers or closed shoes, a cap and bring along a drink. Protective sunscreen may also be required.

For further info and to book your child's place contact tel 54000582, email gibraltarpetanque@yahoo.com, Facebook - Gibraltar Petanque association or Website - gibraltarpetanque.weebly.com.



For further info check the GSLA website www.gsla.gi e-mail info@gsla.gi or Tel 20076522

Sailing Summer School

Learn to sail with qualified sailing instructors at the Royal Gibraltar Yacht Club.

Courses for beginners and for those with limited sailing experience.

Course 1 -Mon to Fri 11th to 15th July.

Course 2 -Mon to Fri 18th July to 22nd July.

Course 3 -Mon to Fri 1st to 5th August

Course 4 -Mon to Fri 8th to 12th August.

Course 5 -Mon to Fri 15th to 19th August.

Course 6 -Mon to Fri 22nd to 26th August.

All courses will be held at the Royal Gibraltar Yacht Club from 11am to 1.30pm.

Participants must be between the ages of 8 and 15. Must be competent swimmers and confident in the sea. All will require bathing costume, towel, T-shirt, a cap, shoes with covered toes, sunblock, cold drink, light snack and a change of clothing. Numbers per course: minimum 5 and maximum 20.

To register for any of these sailing courses please complete the form provided by going on the link below.

https://forms.gle/ARg7hApTtFmo5GR66



Don't forget to bring





Squash

The Gibraltar Squash Association will be hosting 2 summer camps this year.

- Monday 18th July to Friday 22nd July
- Monday 15th August to Friday 19th August
- Times 10am to 12pm
- Venue Europa Sports Park

No experience or equipment necessary, sessions will be free but will need prior booking to avoid any disappointment!

For further info or to book placement contact via albra!tarsquash@gmail.com



Beginners Swim Camp

Classes will be fun activity based and suitable for nonswimmers as well as those who are in the earlier stages of independent swimming. Emphasis will be on developing water confidence and building stroke development.

Minimum age 4 years old. Max numbers in class is 10.

Mon 11th to Fri 15th July

Mon 18th to Fri 22nd July

Mon 25th to Fri 29th July

Mon 1st to Fri 5th August

Mon 8th to Fri 12th August

All sessions will be from 9am to 9.45am.

Children can sign up for minimum 1 week.

Children should bring swim caps, goggles and girls to wear a full piece swimming costume. For further info or to book contact tarikswimschool@gmail.com.



Table Tennis

The GTTA would like to contribute to the Summer Sports Programme with a 3-day coaching course from Monday 18th - Wednesday 20th July 10am -12pm at the MUGA Hall where TT tables are set up.

Target age group 11 to 12 year olds. Maximum of 16 children to provide worthwhile experience. We provide equipment but children can bring their own TT rackets if they wish. Appropriate clothing advised - coloured t-shirts/polo shirts and shorts. No whites. Should bring a drink.

For further info and to book contact John Jacks (Secretary) at john@gtta.gi



Tennis

Tennis coaching available throughout the summer with qualified GTA coaches at Sandpits Tennis Club. Monday to Friday from 10am to 11am or 11am to 12 noon for children between the ages of 5 and 16. Class sizes will range from 4 to a maximum of 8 per class.

Children taking part to wear sports clothing, bring along refreshments and rackets although these can be borrowed if required.

To register contact Joe Enriles on 54003911 or Dustin Horrillo on 54006579.





5. Leisure and Educational Activities

Photography

The Gibraltar Photographic Society shall be running two workshops, for two separate groups, giving an introduction to the theory and practice of photography, including use of camera, composition, etc.

The workshops will be open to 11- to 13-year-olds.

There will be a maximum of 6 children per group, on a first come first served basis.

Workshop 1 - Monday 11th July to Thursday 14th July

Workshop 2 - Monday 18th July to Thursday 21st July

Workshops will be from 10.00 am to 12.00 noon.

Sessions will start and finish at the Society's premises, Vault 29 Wellington Front, unless otherwise arranged.

Those participating may be required to bring along their own cameras, though there are some available at the Society for their use if they don't own one.

As there will be a couple of walkabouts to take photos, those participating should wear a cap and bring some water.

For further information and to book a place please contact the Chairman Leslie Linares on email leslie Linares@gibtelecom.net



For further info check the GSLA website www.gsla.gi e-mail info@gsla.gi or Tel 20076522

5. Leisure and Educational Activities

Marine Biology Summer Camp for Children and Young People

Mon 11th July to Friday 15th July, 10am - 12pm.

The workshop will include snorkelling, beach combing, scavenger hunting amongst other activities. Most will be outdoors with a workshop at the Boathouse and a ceremony at the end of the week long course.

Children should bring swimwear, caps, towels, sunscreen, plenty of water, sensible footwear, change of clothes and a snack.

For further info or to book placement contact tel 54002262 or via email info@thenautilusproject.co
Limited spaces available.



For further info check the GSLA website www.gsla.gi e-mail info@gsla.gi or Tel 20076522

Walks through History.

The Gibraltar Museum will once again be offering the very popular 'Walks through History' during the summer. Walks aimed at 9 to 12 year olds. Walks will take the children back in time making history come alive as they tour different parts of Gibraltar.

Some of the events will be structured as hands-on workshops where children will learn how past cultures produced ceramics, hunted for food and expressed themselves in art. They will even get the chance to become archaeologists for a day as they learn how to excavate a site from a real archaeologist!

Parents, or guardians, are welcome to accompany children taking part. Numbers are limited to a maximum of 15 children per group. Bookings on a 'first come, first served' basis.

For further info and to book contact walks@gibmuseum.gi or Tel 200 74289. Full details on each walk/workshop will be available from the Gibraltar National Museum and on our web and social media pages closer to the dates.

Website:www.gibmuseum.gi
Facebook @TheGibraltarMuseum
Twitter/Instagram: @GibraltarMuseum





Rookie Lifeguard

RLSS Rookie Lifeguard courses leading to Gold Stage 1 Award. Children will receive badges and certificates on completion. Available to children from 10 to 14 year olds.

Monday 18th to Friday 22ndJuly from 9am to 11am.

For further info and to book contact Norbert Sene on email nnsene@gibtelecom.net or Tel 58009197





Pedal Ready

Cycling Course on Monday 8th to Friday 12th August, 9am – 12pm at the old Bayside School Playground (currently Governor's Meadow)

The session will include cycling skills, learning to mount a bicycle and push off safely, whilst being able to look over your shoulders for dangers such as traffic and pedestrians. They will also learn how to hand signal, which includes being able to ride one handed. Emergency braking will also be taught. They will also have an understanding as to how a bicycle works, how to change gears if applicable and the general maintenance of their bike. The course will also touch upon traffic signs, the highway code and having an understanding of riding a bicycle on a road. At the end of the session, the kids will have a chance to play games involving the bicycles. All children will be provided with an attendance certificate.

Children must attend with a fit for purpose bicycle, which includes working brakes and pumped up tyres. A helmet will also be required to be worn (we will try to supply a bicycle to those that do not have one). Waiver forms will also need to be signed by parents if the child wishes to participate.

For further info and to register please contact Janine via email MT@gibraltar.gov.gi.



6 Cultural and Leisure Activities

Clay Workshop

Organised by Gibraltar Cultural Services (GCS), for young people aged 8 to 12, at Ermelinda's Contemporary Ceramics Workshop (South District). 6 Children max per class

Workshop dates:

Wednesday 29th June 1.30pm – 2.30pm
Thursday 30th June 1.30pm – 2.30pm
Wednesday 6th &Thursday 7th July 1.30pm – 2.30pm
Wednesday 13th, 20th, 27th July 11.30am – 12.30pm
Thursday 14th, 21st, 28th July 11.30am – 12.30pm
Wednesday 10th, 17th, 24th August 11.30am – 12.30pm
Thursday 11th, 18th, 25th August 11.30am – 12.30pm

For further info contact Ermelinda via Instagram @duarte.ermelinda or private message on facebook @emelinda's Contemporary Ceramics.





Danza Academy

Danza Academy will be offering Ballet ,Jazz, Commercial, Contemporary, Lyrical ,Gymnastics, Acrobatics, Choreography and Improvisation classes throughout the summer holidays for children of Reception School age to Teenagers.

These sessions will serve as taster classes for new dancers and to maintain and improve the levels of those who already dance.

For further info and to book your place contact Anne Marie on email danzagib@hotmail.co.uk or tel 54027111.





Art Tour & Workshops at GEMA Gallery

Young people will enjoy a short immersive tour of the modern art gallery learning about the varied collection on show which includes paintings, sculptures, photography, and installations in a variety of materials. This will be followed by an interactive workshop, options below:

Tuesday 12th July 11am to 12pm - Zoe Bishop 'Move to Create Workshop'

This workhop will offer a series of games in which children can collaborate in creating art through enjoyable activities. The workshop is suited for children aged 6-11. Please make sure comfortable clothing for movement and art creation is worn.

Tuesday 19th July, 11am to 12 noon.

Art Workshop with Gabriella Martinez

An art workshop/ craft class for ages 7-12. The class will be beach themed, inspired by our temporary summer exhibition on show. Please make sure appropriate clothes that you do not mind getting messy in are worn.

Tuesday 26th July, 11am to 12 noon.

Yoga with Kationa Matto from Movement Collective

Ideal for children aged 4-8. Please bring a yoga mat or towel to sit for the session.

Call 20049161 or email <u>development@culture.gov.gi</u> for more information and bookings. Look out for out bright pink bean bags and join in the fun!



For further info check the GSLA website www.gsla.gi e-mail info@gsla.gi or Tel 20076522

Street Art Mural Tour

Thursday 21# July 11:00am

Why not take a guided walk and enjoy Gibraltar's Street Art. Organised by Gibraltar Cultural Services this will entail a fun and interactive tour where you will learn about the artists and murals, whilst walking through different streets and areas in Gibraltar. An ideal family outing, children to be accompanied by adults.

For further information and to book call 20049161 or email development@culture.gov.gi



Summer Book Club from the John Mackintosh Hall Library

An initiative to encourage young people to read over the summer. Organised by Gibraltar Cultural Services, young readers will set their own reading goals for the summer months.

They will meet every other week and are encouraged to discuss their favourite characters, plots, book choices and more.

Gibraltarian authors will be invited to share their writing journeys and experiences. Sessions will be led by young leaders and take place every other Wednesday throughout July and August, starting on Wednesday 13th July (27th July and 10th & 24th August) They will take place from the John Mackintosh Hall Library from 11:00am to 12noon. Booking is essential.

For further information and to book a place please call 20049161 or email development@culture.gov.gi



New Art Discovery Trail at Mario Finlayson National Art Gallery

Organised by Gibraltar Cultural Services. Schools, youth groups and individuals are invited to participate in a fun and interactive art trail focusing on the Mario Finlayson National Art Gallery and its collection. Pop along and complete this at your leisure. Other creative interactive worksheets are available for young people. Group tours can also be arranged.

For further information and to book a place please call 20049161 or email development@culture.gov.gi



Summer Storytelling

The popular Storytelling sessions will be on tour for the summer with outdoor areas and other interesting venues used

Mario Finlayson National Gallery, City Hall - Thursday 21st July 10am

Commonwealth Park - Thursday 28th July 10am
Campion Park - Thursday 4th August 10am

Call 20049161 or email development@culture.gov.gi for more information and bookings. Look out for out bright pink bean bags and join in the fun!





Rockthrifters - Upcycling Fashion Project

(Customising, upcycling & styling pre-loved clothes and accessories from Clubhouse charity shop. Optional Photography opportunities throughout the week and showcase on Thursday 8th September)

Dates: Monday 18th July – Friday 22nd July, 10am to 12:30pm for those aged 11 - 15 years old.

Venue: Youth Centre Max number: 20

For further info or book contact: Charlene Figueras on tel 20078617, <u>charlene.figueras@gibraltar.gov.gi</u> or apply online at <u>www.youth.gi</u>

In addition, all four of Gibraltar's Youth Clubs will be open at a variety of times and days to suit Young People throughout the summer including collaboration work with the Royal Gibraltar Regiment. Youth Clubs will be offering a variety of projects and offsite activities.

If you would like full details please check out the Gibraltar Youth Service Website www.youth.gi.







For further info check the GSLA website www.gsla.gi e-mail info@gsla.gi or Tel 20076522

Outdoor Painting

This year's outdoor painting programme with Giorann Hensaw will take part in Commonwealth Park.

The sessions will run from Monday 11th July through to Friday 19th August from 10am to 11:30am for children 6 years and over.

For further info please contact Giorann on email <u>giorann.henshaw@gmail.com</u> and tel 54927902.







Arts & Crafts Centre

Create, Integrate, and have fun with us! Different art projects daily. Workshops held at the Arts n Craft Shop, Casemates (above Cafe Solo) for 4 to 12 year olds.

All materials, food and drink provided.

Mon to Fri 10.30am -1pm. From 11th July to 26th August.

For further info and to book contact Teresa via WhatsApp 54006059, email tressmoore@hotmail.co.uk or via Facebook Happy Crafting .



Eco Arts Workshop

Mindful adventure through creative activities such as Eco—Art, Capoeira and Brazilian Ju-Jitsu. Children will explore life skills, connect within and be at one with nature. Fabulous summer camps combining green art, drawing and painting and sculpture through nature. Learning about recycling and development art out of natural materials.

Summer Camps run Mon 11th to Fri 15th July & 25th to 29th July 10am to 2pm at the Botanical Gardens Wild Life Park.

For further info and to register your place contact Ania Maza on e-mail ecospirittarifa@gmail.com or via Facebook Eco Art Gibraltar or Tel 0034 665386838.





11. Parental Consent Form.

Name of child, age, contact name & Tel No (Must be available during your child's participation in the programme)

	Name of child	Age	Contact name and telephone Number
1			
2			
3			

Does your child have a medical condition that may affect their participation in the programme? If so, please give details

Please ensure your child/children bring(s) this form with them the first time they visits the programme.

The Gibraltar Sports & Leisure Authority reserves the right to cancel activities due to lack of numbers or adverse weather conditions.

It is understood that the GSLA will not be liable for any loss or injury incurred whilst participating on the Summer Sports Programme.

If your child causes a disturbance during the programme, GSLA staff will contact parents/guardians and ask for their assistance in addressing the situation.

All Sports Leaders will receive induction training, will be RGP vetted and safeguarding trained to ensure the safety of the children and young people taking part.

Your child may be photographed as part of the media coverage of the programme. Signature on this parental consent form acknowledges that photos taken may appear in local press and social media.

All information contained in this leaflet will be for internal GSLA purposes only and to contact parents/guardians in an emergency.

Signed	





